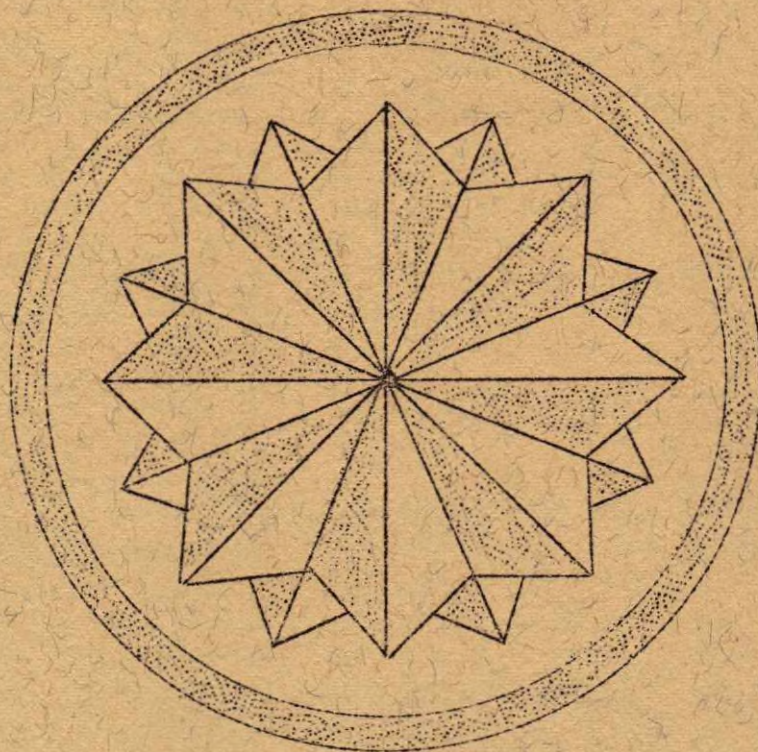


SEANCE MEMORANDA from the

# *Inner Circle*

BSRA NO. 10-H, Part I of the 1950  
Series of Seances, Previously Unpub-  
lished, Jan. through April 1950.



through Mark Probert, medium

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Borderland Sciences Research Associates  
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# SEANCE MEMORANDA OF THE

## Inner Circle

BSRA NO. 10 - H: UNPUBLISHED SERIES, 1950, Part I

### INTRODUCTION TO PUBLISHED SEANCES of 1950, By MEADE LAYNE, Director

These booklets contain reports of trance mediumship only, and are concerned mainly with the opinions of astral people on scientific, philosophical and occult problems. They are printed for informative purposes only and not in the interest of any cult, organization or religious beliefs. Mark Probert is a non-professional trance medium who has received no compensation for some four years of service, apart from donations at a small number of public seances.

To conserve space and reduce publishing costs, the names of sitters are usually omitted, along with irrelevant conversation and questions which can be easily inferred from the nature of the replies. Replies of the Controls are sometimes condensed but care is taken not to distort their meaning. Except where otherwise specified, all sittings were held in San Diego.

Copies of these and of previous reports may be had from Borderland Sciences Research Associates Foundation, Inc., PO Box 548, Vista, California 92083. Send 25¢ for complete BSRA publication list.

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### CONTROLS IN THE ORDER OF THEIR APPEARANCE

Yada di Shi'ite, Professor Luntz, Lao Tse, Ramon Natalli, Katie King, Prof. Harry LaVerne Twining.

### SEANCE DATES

Jan. 24, 1950, Feb. 2, 1950, March 15, 1950, March 23, 1950, April 8, 1950, April 14, 1950 and April 15, 1950.



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E YADA DI SHI' ITE

This personality was born in the city of Kaoti (City of Temples) in a civilization called Yuga (Vast Body), or Yu. This civilization consisted of 180 million people and existed a half million years ago. It was located in the Himalayan Mountains. He was taken from his mother as a baby and raised in the temples, to become a Kata (Priest) and later High Priest or Yada. The word really means "Spirit Life": He was therefore one of the heads of a mystical order called "Shi Ite".

The "Yu" civilization had been founded by a man named Na Sep Ni Ha, meaning the seventh son of a family named "Ha". E Yada was killed in a violent quake that completely destroyed the civilization along with eighty million of its inhabitants. E Yada was about thirty-four when he died and the "Yu" civilization one thousand and twenty-four when it died.



LAO-TSE or LAO-TZU

This personality lived between 550-600 B. C. (b. 604 B. C. encyc.), in a town called K'uh sien. He belonged to a wealthy and educated family, and had no need to work for the Imperial Library, yet spent much time there poring over the books. He later became a roaming sage. Actually he did no writing at all, but his sayings were compiled by his disciples. Had a wife and seven children, and according to custom, several concubines. At about fifty years of age he abandoned his family and followers and was taken into the mystical school of the White Brotherhood. He died smiling happily at the age of eighty-two.

He had an extraordinary intellect and was a truly great philosopher; a central figure in Taoism.



PROFESSOR ALFRED LUNTZ

This personality was born in 1812 and died in 1893. He was a clergyman for the High Episcopal Church of England. He was of English and German parentage and was born in North London. Graduated from the Eton School for Boys at the age of seventeen. He worked in his father's law firm in Hanover, Germany, until he was twenty. Attended Heidelberg where he took a course in philosophy and comparative religion, then on to Oxford where he received his Ph. D. in the Episcopal Theological Seminary and later served a donship. He was a devotee of Queen Victoria. He was not surprised when he died to discover that he had survived the grave, but stunned when he realized there was no heaven or hell as he had so eloquently taught and believed.



RAMOND NATALLI

This personality was born in 1598 and died in 1652. He was an astronomer and belonged to the Royal House of Astronomy in Rome, Italy. He was also a student of law. He was a close friend of the famous Galileo and secretly fought the bloody hand of the Inquisition. Ramond Natalli was an agnostic.

He continued to pursue the field of astronomy after passing into the astral. He was pleasantly surprised to discover he had survived the death of his physical body. He discovered two things of great interest after being in the astral world about two years - the first was that sun spots were atomic storms and the other was that atoms consist of photons of varied frequency levels moving in a series of quantum arcs.







TRANCE LECTURE OF JANUARY 24, 1950

Held at 244 N. Cedar Street, Glendale, California  
(Approximately 110 persons present).

CONTROL - YADA DI SHI'ITE -- first speaking in the ancient YU language, reciting an invocation to KA (the God-Force) and asking a blessing on the gathering -- then speaking in English:

"Good evening, my friends. We of the 'Inner Circle' bring our love to you always when we come before you who are still in the body; we come with love and hope that we will have understanding between us; that we will talk with reason and not allow the emotions to come between us. Always remember this -- if you have an idea and you really believe in it, your idea is true. Truth! Who can say what truth is? Who has truth?

"Many, many do not believe, they say, in the continuity of life. Many others say they do, but they have been taught that they have to wait for the Resurrection, that they go to sleep for awhile and then are called up again. Others believe that they enter into a heaven state; that they are with a Being called 'God', and that they sit on his right hand, and they are his 'chosen people'. Others believe that with much study, and much effort, they can enter into what is called a state of bliss and have no further contact with the physical world. Some believe that to make such contacts as this is an evil, and that what are called 'mediums' and 'sensitives' are witches. It was not too long ago in the history of the world that they burned people who attempted contact with what is called by some 'the other side.' Now, in your present time, you believe in what is called 'tolerance', especially in your country. You are a democratic country; therefore, you allow people to do what they wish as long as they do not break the laws of the land.

"Now, to go back to the religious beliefs: all of them are true if that is what the individual believes. You know, it is most difficult to talk to large groups of people, because they have all been brought up in different ways and taught different things, and many are set in their beliefs -- so, if we do not choose our words carefully, we are likely to cause ill-feeling, creating an evil instead of good.

"Why is man here on this Earth-plane? What is he looking for? Where is he going when he leaves it? Or should I stop and ask you now what I am? 'Yada di Shi'ite' -- a title, not a name -- and yet it is a tag as much as a name. How did I come here, you ask? I have to operate this boy's body just as you operate your own.

"My friends, man is not matter, he is mind. What are you doing on this Earth-plane? You have come to learn. What have you come to learn? You have come to learn the way back to your original home -- Self. How else can it be? Man became lost when he entered into the physical-chemical world. How did he become lost? Because he committed a sin? No! His only sin was in allowing himself to fall into the spell, the hypnotic spell of the physical-chemical body. Desire -- through the desire body, the glitter, the fascination, man went deeper and deeper



into matter until he lost the consciousness, the awareness of his true identity. Now, do you think you can regain this by calling upon a God that is many hundreds, thousands, millions of miles away from you? Do you think you can regain it by entering into your massive temples and bowing and listening to your priests? Once a week you have what you call 'Sunday'. There is much about Sunday that I am afraid many of you do not know. You have been taught in the Christian churches that your Master Christ is going to take your blunders, your mistakes, what you call your 'sins' upon his shoulders and therefore give you a free passage. Nice, eh? A free passage. All you have to do is go to your churches and ask the priest, 'Father, intercede for me and get forgiveness!' And he will turn and say, 'Father, forgive this man, for he did not mean to do what he did.' And then you go out and do the same thing again.

"Vicarious atonement! The Christ takes the penalty for your mistakes! Friends, you cannot do this. You have a mind and a brain; you know what is right and what is wrong -- though what is wrong for one man may not be wrong for another. Man is not born of sin; he is born of love. And it is only through this beautiful, wonderful Law of Love that all life operates. It is in and through everything, down to the smallest what you call atom.

"We of the 'Inner Circle' have often been accused of being non-believers, heathens. Is the Law of Love a heathen worship? I do not know what to say beyond that. Pray! Prayer is a most wonderful way to make contact with your wonderful Self. You are God! For too long man has been afraid to say this. By your conscious acts you live; and you are and must be eternally acting.

"Now, we do not claim to be gods, we do not claim to know everything. If we did, we can assure you that we would not be using this boy's body to talk through. We are also in the process of getting an understanding of the inner workings of life. We have no desire to destroy your dreams; we want only to wake you up so that your dreams will be more comprehensive.

"Man desired to come into what you call the physical-chemical world. Had he not desired to do so, he would not have come. It is only through the law of desire that all things come into manifestation. It is not wrong to desire; but be careful what you desire, for truly you will get it.

"Now, I would like to be quiet and listen to you speak."

"Why does man desire to come into this Earth-plane for expression?" questioned a guest.

"Back in what I shall for the moment call the long-ago (words are most difficult things for adequately expressing what goes on in our minds), however, sir, in the long-ago, before this little globe on which you live -- or feel that you do -- existed, man lived a subjective life, a wonderful life. But certain of these people, I will say, in that sub-



jective world had a need -- not a desire necessarily at first -- but a need of what might be called an expansion of consciousness. Now, there is not enough time this evening to go into that thought in detail -- but he needed a change -- and man then was not different from man now -- he wanted a change. Nothing is to be gained by existing in one condition. Your Christian Bible tells of Adam and Eve existing in 'Paradise', where everything was perfect, so they said. But if everything was perfect why did these two do something that caused them to be pushed out of Paradise into what they must have considered hell? What is perfectness? What is the absolute? If it is entirely perfect, it must have attained the state of the absolute. In other words, there was nothing further to learn, nothing further to acquire. This does not sound reasonable. Man is forever in action. He may attain what is called a state of perfectness, but he is not going to stay there - because it is not complete yet.

"At that time it was necessary for man to create what you call the physical-chemical life; and you are creating that every moment of your life, though you are not aware of it. If you knew the power of mind rightly used, with this thing called desire back of it, you would not have cares or anything that was not perfect on the Earth. But this is not to be. Man does not attain perfectness en masse. No -- it is only by individual striving to attain this beautiful state of consciousness. There is no punishment by a great God; you punish yourself, or the opposite, by your own acts. And if you go within, you will contact the great Consciousness called 'God'. He is not a being apart from you; you are It (Capital 'I').

"And all things are a part of 'It'. Men are not separate little groups of consciousness. When you meet another, you meet yourself. Sir, you and all things -- if we must call them things, with an 's' on the end -- is It.

"To some of you this may sound like strange thinking. To you I say, do not listen to us of the 'Inner Circle' and become either offended or elated, but go out and seek for yourself to find out if what we have said is true. This is your right; for too long your 'leaders' have been leading you around, by what? Your nose! (Laughter) That is good; man needs to have a sense of humor. God likes laughter. 'Perhaps man and the worlds were made by the laughter of the gods', said someone.

"Now, you have on your Earth today great and extremely costly temples to worship in. So long as you like that, you will have it. But is it not strange that this great Christian spirit that creates these immense temples has within their shadows poverty, suffering and want? This is Christianity? I am a 'heathen.' Five hundred thousand years ago I lived in a civilization called YU, of which I used the language when I came in, to invoke the Great God-Spirit to bless this house -- casiah -- the house-spirit -- and I crossed myself and asked for protection for this E-NA-DA -- the desire body, also sometimes called 'the death body'. Though, what is this death? When you see the dead body of a person or animal, the sight is very unpleasant, the odor is very un-



pleasant. To me, that is not so. I see only the chemicals going through a state of change. All is change. Man sees things moving but he knows not who is the mover, nor what moves. But you can find these things by going into what you call a state of meditation. It may seem to you a great and arduous task, but, friends, it is so important, so worth while!"

"Was Christ born of a virgin?" inquired a gentleman.

"Sir, if you mean virginity of the body -- that was not meant. Christ was born in what we call the virginity of the mind -- great wisdom. Too much emphasis has been placed on the virginity of the body. This has lowered the standards, the moral standards of the female in the eyes of the world.

"I wish not to belittle; that is not our purpose. If man really wants to know, he can find out; but it is child's play to go and listen to someone talking and agree or disagree with that one unless you intend to find out for yourself. Truth lies in your hand; you as an individual make it what it is. Day by day, you live and problems come to you because you have set certain conditions into action by your thoughts. And these problems appear and you look at them and say, 'H-m-h, why does this happen to me? Why does God punish me? Or perhaps it was the devil? These problems come to you, and it depends upon whether you have an adult mind how you handle them. Either you sit and wait until someone comes, and then ask him to move the stones from your path; or else you pick up these stones, put them in your pocket and go on up the hill. Friends, when you find out why those stones are there, what has brought them, then you will not have to move these stones; they will move to the side by themselves. That is magic.

"Before I go, I want to say, as your Christ said; 'Love ye one another.' I do not mean tolerate. To tolerate means to barely stand them; to love them is to understand them. And if it 'rubs you the wrong way', try in a loving, compassionate way to show them. Love! If you want to come into the presence of your Christ, you can only do so through love. Good evening." (Yada withdraws.)

CONTROL: PROF. ALFRED LUNTZ: "Hello! I said that just like an American, didn't I? But most of the members of the 'Inner Circle' are what you call Asiatics, and I am beginning to feel that I am a bit of an Asiatic too."

"I believe Lingford and Sister Theresa are the only Americans in the 'Inner Circle' -- and Sister Theresa is the only woman, isn't she?" asked Harriet.

"Yes, she is -- and a highly honored member. I would like to say that in the not too distant future, women will begin to take a very much more conspicuous part in things; and then I hope that wars will cease,



for it is through their suffering that the fodder for the cannons is made. I sometimes wonder how we can be such fools; we send out the best blood to be spilled over the battlefields. We on this side would not mind so much if your teachings about life were different from what they are. But when you send a soul, a spirit out of its physical-chemical vehicle with no knowledge of what to expect in what is called the 'after-life', then we do not feel that man is entitled to the fun of wars. You do the same thing with your criminal, so-called. A man commits a crime and you send him to the electric chair or the noose, and you set him free, while in his soul is a burning vengeance for those who did this. He has learned nothing, he repents nothing -- and a short time after you have a series of similar crimes. And why? Because he is then in a position to influence people of a similar mind to commit a similar crime. I do not understand it, but you seem to labor under the idea that these things do not happen, that man ceases at death, that he has no way of contacting the physical world again. 'Dust unto dust'; 'May the Lord have mercy on his soul!' But you do not! You leave it up to the Lord. And this is called proper laws! Jesus, the Christ, said 'Thou shalt not kill.' Of course, you could say to me, 'It also says, 'An eye for an eye, a tooth for a tooth'.' The words of this Great Teacher -- and I was a teacher in the Christian church -- have been taken and turned around in such a frightful way that his teaching has become in many ways a heinous one instead of a thing of love and beauty as was intended in the beginning.

"Now, you may think we of the 'Inner Circle' are moralists -- that we are telling you how wrong you are. We are merely trying to open your eyes to the fact that you are in a state of growth. And while we make these statements concerning your laws and seem to object to them, in the depth of things we do not. Why do we not? Because, truthfully, all is right in its time and place. Whatever is taking place, that is right and proper. Of course, you look at it through the eyes of the emotions. Nature, the inner wisdom, does not look at life like that. Is it not odd that while you make these laws against murder you take your guns and go hunting and shoot a defenseless animal, either for 'sport' or for what you call something to eat or something to wear? Do you not think that an animal has a soul too? I know that some teachings say, 'No, he has no soul; only man has a soul -- he is a thinking being.' We could have much laughter out of that. How do you think? What do you know about life?

"A few evenings ago, when we were in the northern city, San Francisco, I asked among other things, 'What is what?' That is a serious problem in itself -- semantics. We are in a mad state of confusion with the use of words. This is followed by what we call beliefs: I hate you because you believe what I do not; your God is my Devil, and my Devil may be your God. Let us not stop and talk too much about Gods; let us talk about ourselves. The first law of Life is to understand yourself -- not go drifting off in space and expect some other being to make you good. You are the good, and you are the evil.

"I will change the subject for a moment, and because Rama Ka Lo cannot come tonight, I will speak a few words about the 'flying discs'.



I hope it will be interesting to you, because it is important. You have been told by your authorities that you have 'spots before the eyes', and I think just now must be a good time for the opticians' business. 'Reason, pure reason!' your scientists demand. If they had left off that 'pure' it would have been fine! Discs, space ships -- or perhaps illusions, mass hysterics, mass hysteria! Until they appeared no one had hysteria. Now, I am not criticizing your Government; but in this country the people are supposed to be the Government. Are you being protected because you are not quite strong enough to face the true knowledge? It would be easy enough to say these things all come from the planets. Of course that would give your astronomers a slight headache, seeing they have put these at such great distances -- thousands and thousands of what you call 'light years'. Is there not something closer than planets? Imagination? (I said that first, because I knew you would soon say 'imagination'.) If you are not worried about these things, that is quite all right -- because you certainly have enough to worry about already. But these great craft come out of what we of the 'Inner Circle' call the Etheric.

"Now, if you can sit here and listen to my voice speaking to you through this instrument whom we call 'The Boy' (because we are all so many, many years older than he), and think it is quite all right, nothing too much out of the ordinary, then how can you consider that great civilization called the Etheric as fantastic, impossible? What is impossible?"

"Nothing!" replied many of the guests.

"That is the understanding we want to arrive at: that whatever man wishes, he can do.

"These craft come for what purpose? Primarily to make notes on the physical condition of the Earth itself, as well as the state of advancement of your scientific approach to life. Whenever a civilization reaches a great state of advancement in every line, that civilization has reached its peak -- and I do not know why the present civilization should think it is any different from any other civilization and escape decay -- or, to put it better -- change.

"When these Etherians gather as much information as needed, they hold it until such time as that civilization falls. And when another starts to rise again and after it has attained a certain degree of advancement, these things are handed down to the Earth people again through the channels of mystic organization.

"There is much to learn, friends -- much! A great philosopher once said (and I don't mean to be trite about it), 'It is later than you think!' Does that sound ominous? I don't mean it that way; it is only that each one of you has not much time for awakening to the greatness of yourselves.

"To give you but a short resume': These craft are operated by the little known laws of molecular action called heat and cold. You are



watching one right now. Why do we move this boy's body back and forth this way? Because all bodies that move create heat. Every slightest motion creates heat of a degree. We use that energy, and we can, when we are through, return it, to a large extent, so the boy suffers no particular ill. His wife's energy we use also, for always there is a positive and a negative force to life. Have any of you questions to ask?"

"Malaki Sadek - the wings of justice - it is a group; have they an 'Inner Circle' too on your plane?" asked a gentleman guest.

"Sir, I do not know that particular organization, but their name implies something in harmony with life -- and if it is, if it follows a harmonious pattern, there is undoubtedly such an organization and it has its awareness not only on my plane, but on the endless planes of consciousness. To use an old expression, 'As above, so below' and vice versa. There is not one plane, two, three, six, eight or ten planes; Friends, there are as many planes of consciousness as there are human beings upon the Earth.

"Many people have asked: 'Do you see my friend, my relatives, my mother, father, aunts, uncles; can you not bring them to me?' Often this is a sincere plea coming out of a lonely heart. Now let me say that in order for myself, for instance, to make a contact with one of your relatives, your beloved ones, whoever they may be, I would have to be able to tune my rate of vibration, or my state of consciousness to theirs. I would have to send out a call. Let us see the reason back of this: Think! Because here in this room there are not only hundreds, but even thousands of those who have passed out of the physical life; and you may believe that each of these is aware of the presence of the others, as you are aware of each other. This is not so. Their focus of consciousness is with themselves.

"I suppose you have all heard of schizophrenia, split personality, in which a person is being taken over by several discarnate or disembodied persons. Let me tell you that it can be that none of these several -- however many there may be -- may be aware of the fact that they are operating that person's body with another. Each of them can operate the body without knowledge of the others. Some times they are not even aware it is not their own body they are operating.

"When we enter this boy's body, we are operating it in exactly the way that he operates his own machine. We direct lines of force to his brain, and the resultant brain-cell changes cause a change throughout the body. If you think this is not so, get a good fright and see how you feel it to the very toenails!"

"What is the nature of the laws or authority of the 'Inner Circle'?" asked a man.

"Well, sir, the 'Inner Circle' came about by the law of desire. And how did that come about, how did the desire come into being? To reply, it is necessary to take in several subjects, and I hope you will bear with me. But if it gets too much for you, say, 'Stop! For heaven's sake, stop!' That will be quite all right.



"This boy through whom I am speaking in a former existence knew the things that we are now talking about to you -- and much more. But in that lifetime he did not choose to teach it to the people, to his fellow-man, and thereby being of service and in honor doing his dutiful part to life. So now he is working out that mistake, and we are aiding him -- and by that aid we too gain in service.

"What brought us to him besides that? His quest for life, his desire to know what is going on, what is this thing called living. When he started to seek out religion, I followed him. For, like myself, his father was an ordained minister of the high Episcopal Church. After he attained what he sometimes calls his 'thinking mind,' he started to look in other directions besides that he had been raised in and found wanting, and I followed him from church to church, and listened carefully and watched him. (You know, all of you are going to have a wonderful surprise when you come over here -- you will find people are not as you thought them: they are better).

"I could go on and tell you the names of the 'Inner Circle' -- such as the most honorable Yada di Shi'ite; Ramon Natalli, the Italian astronomer; Lo Sun Yat, a monk; and again, the most honorable Lao Tse, or Lao Tzu ... Each of you has an 'inner circle', but you are not usually aware of it. By what you do, by your own personality, you will attract those of like personality and desires. And they will cling to you -- and that is true also of your most evil (so-called) acts. There is a law that one in the plane above must help one in the plane below in all that he desires to do. If you desire to go in the opposite direction from the harmonious trend of life, go ahead -- and you will have help in it. But it is through the Law of Growth that you will learn better or (though I do not like the word) pay. This, of course, is what is called Karma.

"Think, my friends -- is it not greater that you have in your own hands the reins to life; that you do not have to shove your problems off on some god? You are kings! I have seen some very unhappy kings on Earth, some sitting in the gutter, their clothing torn and filthy, their breath befouled by liquor, their eyes red-rimmed. Are we to denounce and disdain this creature? He is still a king. But he is asleep. Our task is to awaken him. That is what we are attempting to do in speaking to the people of Earth."

"The opinions expressed here tonight -- are they individual opinions?" inquired a lady.

"They are in part, but before ever we speak, we come to some conclusions. It is like a teacher in school: the one in the fifth grade comes to the conclusion that she can teach so and so; the one in the sixth grade that she can bring out her ideas, and so on through the university. Now, each one of us, of course, has a slightly different conception of things from the others -- and I do mean we of the 'Inner Circle', for we are human beings every bit as much as you. Yada di Shi'ite said awhile ago that man does not advance en masse, but by the individual ... "



"Are the opinions expressed here by you and your colleagues the opinions of others, not only in the 'Inner Circle' but those known as 'Teachers'; or are they individual opinions?" asked the lady.

"They are, to the best of my understanding, the truths known, as close as we can get to the truth of the teachers, of what is called the 'inner wisdom' on the many planes of consciousness."

"You spoke of the law of reaching a peak of civilization and then disintegrating -- are we now at the peak, would you say?" inquired a gentleman.

"You are in, at the moment, what is called the 'tug-of-war' period. It depends largely upon what faction attains the upper hand. There is a law -- why do you suppose the land called 'Atlantis' went down? It went down through the law of greed, of avarice, that put the greater mass of the people into slavery until they could not stand the agony and misery any longer. They called upon the elements to put an end to their sufferings; together they called upon their gods of the elements; and if you have ever heard the chanting of mantrams, you will understand the power of such sound."

"Is there any over-all hierarchy that governs this planet?" asked a lady.

"There is -- but it is something that is very, very difficult to describe in words. But -- as the human advances in consciousness to other planes of awareness, and as he learns the inner truths concerning himself, he becomes this hierarchy. These are not beings that are necessarily 'better' than you, but their state of awareness to life is more expanded. And that is what all mankind is seeking to do -- simply to expand his awareness. Now, I must go." (Control withdraws).

CONTROL: LAO TSE:

"Good evening. Yes, it is I, Lao-Tse. You speak my name as though I were someone of importance, but that is not so."

"We cannot help but look up to you for your great wisdom," said Harriet Foster.

"Only look up to me if you see yourself in my eyes. My brothers, my sisters, my selves: I am supposed to know enough to come and talk of life; but is it not possible that sages can also disrupt life? Can it not be that our understanding can breed evil to you? It can. Man persecutes life; he does not allow himself to live naturally. Perhaps there is a botanist here tonight; if so, I would like to have him tell me whether he has ever seen a flower trying to grow -- or does it just grow? Have any of you ever tried to smile? It is a grimace, not a smile. You smile because you feel it in the heart, not the lips -- therefore it is beautiful. I must reiterate: we come not to force you



into growth; we come only in the hope that we may be able to awaken you to seek for your selves if you are not yet seeking. Who are we to tell you what is truth, what is right? What is one man's good is another man's evil.

"I have been asked why I have not returned to the Earth plane since my departure some centuries ago -- 'Why have you not returned? Why have you not reincarnated? You are not living up to the natural laws of life as our group believes them.' My friends, man comes back because he wants to come back; each individual who returns to the physical-chemical world does so because he wishes to return. There is something that he must know or do, and desire brings him back to acquire that knowledge.

"How do you come back? When you are ready, when the desire has readied you, it is like a hypnotic force or state upon your conscious awareness. In the period of preparing for return, no medium, no sensitive, no great love even, can penetrate to that deep consciousness known as the inner consciousness. For it has wrapped its consciousness about itself and become a point of brilliant light. This is what is called the soul seed. Its awareness of what it is doing is so keen that nothing can penetrate it until it has fulfilled its mission."

A guest asks a question concerning acquiring of knowledge.

"There is nothing difficult to understand about learning; your own Christian Bible tells you all you have to do is seek. Upon this soul seed is marked the record of everything that has happened to that individual in the past. It directs the kind of structure he will have to use as a vehicle in his coming sojourn on Earth. That is why so many teachers tell you to govern your emotions, so that your soul seed will not be marked by your desires. This is the way man pays for the things he has done in a former life. It is recorded on that seed, and as he starts to return he makes stresses for the physical matter to adhere to, and his desires will attract the type of chemical that is best suited for that body, due to those thoughts.

"Some teachers say that man, when he passes over into the Lower Astral, if he necessarily does, throws off another body that becomes an 'astral shell' -- and these people also claim that it is one of these astral shells that a medium contacts, for the most part, and that the astral shell has no thinking capacity but is merely a recording machine that repeats and repeats itself. This is supposed to float around in astral space for unthinking mediums to contact. Now, I must confess that I have never seen an 'astral shell' -- but I have seen thought-forms of the most startling kind. (I was going to say of the most degrading kind, but that would call in 'good' and 'evil'.) These thought-forms may be made by those in as well as out of the physical body; these are not cast-off corpses of living individuals.

"We of the 'Inner Circle' have the greatest admiration and respect for the great teacher, Madam Blavatsky -- but do you know of any place in her teachings where she said she could not be mistaken? Besides this,



these teachings do not belong to Madam Blavatsky alone; these teachings are as old as man. She was aided by the Great Teachers both on the physical plane and off.

"Such things as this talk of 'astral shells' lead to fear -- and fear is the thing we must overcome. Devils! Witches! Gods! Man is IT. You can by your thinking produce a good, solid, what you call 'devil'. Sometimes we suddenly awaken and see these things that we have produced by our thinking following us around; and if we are not prepared to understand, it may cause our physical brain to snap, and the mind cannot work through a broken machine. Now, have any of you something to say to me?"

"When you are not in control of the boy, are you self-conscious, and have you a capacity for thinking as far as the exterior world is concerned?" inquired a guest.

"I am aware of the physical world in the same way as you are aware of this room and in the next half-hour or more you are aware of some other room. That is the way it is with me and that is the way it is with all of us. Yes, I have a very definite sense of awareness. I could also tell you I have a body. What is a body? I do not wish to appear 'clever', but I ask you -- what is a body?"

"A state of consciousness?" replied Harriet Foster.

"Yes, indeed. It is an extended awareness of your own consciousness. When you are in good health you are not conscious of your body at all. It is only when the mind, through some discomfort, becomes aware of the body that the individual is conscious of it; you are barely conscious of it when you feel well. Your mind is not held to the chemical activity of the body. Sometime, if you have not yet attempted to do so, and you want to find out what consciousness is, sit quietly in your room and place, say, a wooden block before you and allow yourself to quietly concentrate your mind upon that block. When you learn how, you will be able to center your consciousness in it and have block-consciousness. You will know all that the block is made of. Does your consciousness exist only in your body? No, it exists in all things. When you look at things around you, try to see what is below; what is the 'makings' of the thing. What is it in itself? Whirling lines of force. When you get down to that depth of understanding, you have accomplished much.

"Friends, I feel a weariness beginning to come over the boy, and we of the 'Inner Circle' have a great love for him, because he has been our voice. We do not desire to take more energy from him than necessary, so I will go now. May the love of the One Self be with you all! Good evening."

(End of Meeting)



Part of Seance at Home of MARK PROBERT, Medium  
February 2, 1950

CONTROL: RAMON NATALLI -- 16th Century Italian Astronomer.

"Good evening. I am Ramon Natalli. It has been some little time since I spoke with you through the boy, and I am somewhat out of practice, but I wanted to talk with you a little this evening on several subjects. This year, your astronomers are going to witness much planetary activity."

"On our Planet, or in the heavens?" inquired Meade Layne.

"I mean in the heavens."

"Already some has been observed on Mars," remarked Meade.

"There will be some also on Venus."

"Would you care to speak of what looked to us like a great explosion on Mars a day or so ago?"

"It was -- a great and terrible explosion. It came from a gigantic volcano that has not been active for hundreds and hundreds of years. There was an eruption over some 9,000 miles of land, and a terrible, terrible 'quake'."

"Were there inhabitants who were injured or killed by it?" asked Harriet Foster.

"Not inhabitants like yourselves, but life forms of a lower nature. There has been some talk about sky-phenomena, about things that fly in your skies; some seem to think that these come from Mars or Venus -- they do, but not from the terrestrial Mars or Venus. There is around every planet -- and, for that matter, around every body in the vast heavens -- an etheric world. These bodies govern, or are governed by those in the etheric world. They are under their direct and watchful eye."

"Are you saying that what we call the planets Mars and Venus are under the control of their etheric counterparts?" asked Meade.

"Yes, they are."

"And is that true of our planet?"

"Yes -- these intelligences, I believe, some of you call the Group Soul. It is not too good an expression; it does not explain things."

"Would you say that all of these skycraft come from the etheric region of some particular planet?"



"I most assuredly would," replied Ramon Natalli.

"And will you tell us which planet?" asked Meade.

"I think, Venus -- In fact, those who constructed these so-called 'disc ships' copied the design of their craft after the body Venus with its outer vibrating disc or ring."

"Are we to infer that the disc-type of craft came, then, from the etheric region of Venus?"

"Yes."

"And the others come from other planets? Mars, for example?" asked Meade.

"Yes, from the planets --- "

"And our Earth, from the etheric region of our Earth?"

"They must pass through the etheric region of your Earth, of course, and to do so must have the permission of the Etherians. Each comes from its own particular rate of vibration, which is an unseen pattern of the seen body."

"So, although it is not correct to say that some of the craft come from Mars, it is correct to say that some of them come from the etheric duplicate of Mars?" asked Meade.

"Yes, that is correct."

"Do they come from all the planets of our system?"

"Yes, they come very readily. These craft have often crossed what you call the Milky Way."

"That means the distances they travel are thousands of light years -- how can that be?"

"I think my honorable colleague Rama Ka Lo tried to point out that these craft are not what may be termed a solid. Their solidity is formed according to where they are going, what their mission is, and the particular body in the heavens which they are approaching. As they come into the sphere of attraction of that body, they have to make their vibration conform to that of the body."

A guest asked a question about weight.

"Yes, small particles weighing very little on one planet might weigh a ton on another."

"May I ask something else about these 'ether-ships'? Suppose one of these craft leaves, say, Arcturus or Orion and transits into our



etheric -- what is it that passes? It is not any stuff that we know of," said Meade.

"Most assuredly not. It is matter so formed that its - shall I say behaviorism, its motion pattern can be and is driven at the speed of light, and beyond. Light is not the fastest thing. You say light travels at 186,000 miles per second; add 500 to that and you will have it yet closer. Yet, under the direction of the -- for the want of another word -- operative force of mind, here and there does not exist. 186,000 miles and then I say 500 more a second! Doesn't that prove it is an ever-continuing now? Can anyone conceive of such speed, really? But still you lay down a law, and all your people learn that law. Of course, you must have a theory of some kind -- but to be dogmatic, as some of your scientists are, about any law shows lack of intelligence on the part of that scientist. Sir, if there was nobody here and nobody there and this was a vast void, where would here and there be?"

"We understand that on some of your planes, if you wish to be a certain place you can be there as quickly as you think of it -- can the same be true of bodies in the solar system?"

"Yes, it can. I am aware, of course, that most of your scientific minds today, in material science, will laugh up their sleeve. This problem of speed has been an enigma to man for many centuries. It was once said that if one moved in a certain direction at a certain rate of speed, one would grow younger as one approached the certain point. Hmh! One can't back up in consciousness. Tell me, how does time create age?"

"It's only a matter of consciousness, isn't it?" replied Harriet.

"Yes -- but what would you say to your material scientists?"

"But what about the seasons?" asked a guest.

"The seasons, sir, are simply getting away from certain radiations of the sun. Although some of your scientists may not be aware of the fact, great winds can be caused by small changes in the motion of the Earth. Age! How can things know of the passing of time? The sun comes up on one side of your Earth and you have light; it goes down on one side, and you have darkness. How can this cause age? I am not talking only of man's body but of all things -- the very Earth itself."

"Does not the erosion of the earth's surface and decay of rocks denote age?" asked a guest.

"Certain markings on rocks are put there by other rocks moving against them, by wind and water. All these things tend to make their impression on a given thing; therefore we say it has aged, because we can tell by the markings how many years, according to earth-time, have passed. It is not really age; it is simply a change. But the interpretation is wrong. How shall I put it? I look around at your faces here



and I see that after you have passed a certain number of years here, you have lines in your faces -- have rocks rubbed against them? No, but the thing that ages you all is monotony: if you are full of joy and interest, you will not age. Age is an escape-mechanism to get away from monotony."

"That is the most optimistic view of age I've ever heard!" said Meade.

"Yes, I agree with you, Mr. Layne -- that is a cheerful view. All things go through the stage that is called monotony. If one rock rubs another, the hard one wears a groove on the softer one. A stream of water does the same. Monotony! The inability to escape that constant pressure. If you understand the states of life, you do not have constant pressure. If you understood them, nothing would appear upon the inner you, and therefore it would not appear upon the outer you."

"We would reach eighty years without wrinkles?" inquired a guest.

"Most assuredly! Man should live to be at least 250 years old without signs of age. I will go further and say -- your scientists notwithstanding -- that there is no reason for death at all. I am sure you know that the cells of the body are constantly being renewed. You cut yourself, and what comes there to renew? The blood rushes to the spot with new strong cells! Even in an old, old person, the cells that come when he cuts himself are as young as the day he was born. You ask why an older person does not seem to heal as quickly? Because he has been taught from childhood that when he reaches a certain age he will not react so quickly to that healing. It is a state of hypnosis you have placed yourselves under."

"If we did not have this thought of old age and did not grow sick, would it be possible to advance to the Etheric Plane without going through death?" asked a guest.

"My dear lady, and all of you -- one of the true reasons for your being here on the Earth-plane is to overcome death -- is to learn how to manipulate the energy matter of your body, which is of your mind. When you learn how to do that, you can raise the vibratory rate of every cell in your body, or lower it, according to your wish. If a person can control by his mind one muscle in his body, he can control his entire body. Many times it has been shown before your eminent scientists that one who has learned to control himself can cause his respiration, his blood flow, to slow down, can control every organ of his body. Can he not then control the cells of that body, down to the particles of electrical matter that body is made of?"

"If that is the purpose of life, then the purpose has failed?" remarked Meade.

"Indeed, yes. I do not mean to talk like a child -- but these things depend entirely upon the individual. There is no such thing as mass consciousness."



"I thought that was what bothered us!" said a guest.

"The mass is made up of the individuals. Who governs mass thought? Who turned all of Europe into a jungle of blood and ruins? Now, I am sure that the German people, the Japanese people -- what is called the common man -- had no designs upon your people, any more than you had designs upon them -- but the heads of these nations swept them into the mass hatreds of war."

Report of Meeting in San Diego, March 15, 1950.

Present: Dr. G. Cruikshank, George L. Pafort, E. O. W., Irene Probert, Harriet Foster, Meade Layne. Mark Probert, Medium.

CONTROL: YADA DI SHI'ITE:

"I want to talk for a moment on what you people call the little phenomena -- or 'discs' -- in the air, and the 'little people' in them."

"Yes, will you tell us whether this is their natural size, or have they decreased their size for some special purpose?" inquired Meade.

"These people arrange their size for the work they are to do. Man on the Earth plane will have to get over the idea that matter is not capable of being manipulated by mind. A body is what a body thinks."

"There is a teaching that the Venusians -- either of that planet or Venus-Etheria -- are of small stature; is that true?"

"It is, but not as you suppose. On the planet Venus there is not a great civilization composed of 'midgets', as you would say, or little people. Size -- to use your term -- according to the necessity is expanded or contracted."

"But the Venusian people have a more or less uniform size?" asked Meade.

"These 'flying discs' come from the etheric body of all the planets. The etheric body may not be 'substantial' as you would say on Earth, but a civilization may exist there."

"Does the disc type of skycraft originate in any one particular area of the Etheric?"

"Yes, you may remember we spoke of the disc resembling Venus, the physical planet which you see? The outer rim spins around the stationary body. It is a conforming with Nature."

"But these skycraft have been seen in many shapes and sizes. We understood that the disc type came from Venus-Etheria," said Meade.



"Yes. I will tell you something else: since these sky phenomena have been taking place, word has gone out to all of the different etheric states that the Earth people have been taken note of, for all to come and see! Some of them act as if they had never known of Earth before; some of them have not. The Etheric plane of your own Earth has long been aware of Earth people, but not so with all the other etherics."

"Is there something of cosmic interest going to happen here?" inquired Meade.

"Yes -- but let us consider this: soon your Earth people will be able to make a flight -- not necessarily to Mars, but beyond that. And they are being given the opportunity soon to understand the law of aerodynamics."

"We have heard reports of what appeared to be fighting among the discs themselves -- is there anything to this?"

"I had not heard of that. There is always a possibility that Etherians from other worlds may want to learn something from other Etherian regions whose inhabitants may not care for them to do so. Remember, all life is strife. We have often mentioned that: down to the smallest atom there is struggle going on. It is that struggle that builds and destroys--but neither builds nor destroys."

"Can these Etherians use their craft destructively as we do?" asked Mr. Pafort.

"Yes, and much more effectively."

"Do the Etherians have the same wish for power that we do?"

"No -- their aim is to aid man to a better understanding of the laws of flight, the laws of light, the laws of motion."

"We can wipe out a half-million people at one lick, seeing it as legitimate because we think it is for the world's good to do so -- is the objective of the Etherians the same?" asked Mr. Pafort.

"My friend, they do not have to use craft -- they would only have to start a demagnetizing of your world. They could cause it to fall apart, completely crumble and disintegrate."

"Would this be in accordance with the Cosmic Plan?"

"There are certain forces -- groups -- that have governance over each heavenly body -- and if directions are given to do a certain thing, it is done."

"The hierarchical theory of governance of the Cosmos is sound, then?" inquired Meade.



"Yes, it is exceedingly sound."

"What is all this Etherian activity in connection with our Earth tending towards?" asked Meade.

"It is tending toward the education of the Earth people. The first thing they are trying to teach you is not to be afraid. These Etherians have no desire to harm the Earth inhabitants. They have no desire to cause panic, for they know that if panic broke loose, men would kill each other in fighting for the available holes in the ground in which to hide."

"But all these queer shapes of the skycraft -- cones, globes, cigar-shaped, birds -- I even remember a 'flying pig' over South Carolina," said Meade.

"Did you hear it grunt? No -- but all these forms -- what is form? What is shape? These are devices to make people think. A flying pig might be useful because it would be strange and would make people think about it longer."

"Would the destruction of the Earth affect Etheria?" asked Mr. Pafort.

"Yes, because there would have to be a rearrangement of conditions in the work of those who are concerned with the physical world. But let me tell you, no such thing is about to take place. Man has only scratched the surface of your Earth-plane. I think it is -- though you did not mean it to be -- a somewhat conceited idea that man can destroy the Earth. Some part of it can be destroyed -- yes. Great parts have been destroyed in the past -- but your Earth has, I might say, become accustomed to these great disasters.

"There is much concern at present over this proposed Hydrogen Bomb, and I will say that if it is set off around water, you will have no more water. It will dry up your Earth and turn it into a desert -- at least a large part of it. Why would man want to do this sort of thing? It only makes more work for him and would place him in the savage state which many of your teachers say he came from originally. He did not. Man was always a spiritual being, but when he came to Earth, he lost the knowledge of his perfection, became blinded by the glamor of the physical to his true spiritual nature."

(Further questions elicited the following remarkable statements):

"Yes, persons living in what you call the physical body have been taken into the etheric plane. The body does not then 'die', but is 're-vibrated'. Those so taken were ready to be taken. Also there have been instances like that of a big ship from which all the people were removed, though all is left in order\* -- or a great caravan disappears.

\*The 'ship' is presumably the Marie Celeste. M.L.



Sometimes, later, an image of the caravan with its people and animals is shown, to arouse curiosity so that you will try to learn about such things. But people are afraid, or soon forget. Yes, a person whose body has been revibrated can return to your plane and remember his experience, but he is too wise to speak of it. People taken in this way are often returned to earth if they can be trained to help and teach. There is much we could tell of Adepts and illumined ones in this regard, but we speak under orders and cannot always say all that we would."

(Charles Fort wrote: 'I think we are hunted for. Many mysterious disappearances may here be accounted for as etheric kidnappings.' Recall the disappearance of a freight train (some 40 years ago). BSR Associates will recognize that while these facts should be known and reckoned with, they should not be sensationalized or too widely disseminated in the present state of increasing public concern over the etheric phenomena. All indications are that the Etherians are friendly and desire to instruct and help. With reference to 'orders' again (\*), the Controls affirm strongly, that the occult concept of a hierarchical government of the Cosmos is correct - a statement of profound interest to all students of esoteric philosophies.) M.L.

CONTROL: PROFESSOR ALFRED LUNTZ: (Greets E.O.W. and congratulates him on his effort to learn more of life).

"There is much to know and the vast majority come in and go out without knowing a single thing about what we speak of. Their physicality has them so deeply engrossed in what they call 'satisfactions' that they have no thought for anything beyond that.

"For a moment I would like to pause and turn to Dr. Layne and speak of something that was in one of the letters he was reading -- in regard to the gentleman who wrote about the nature of space. As far as what has been referred to as 'density of space', we agree with him that it is not what most of your scientists consider it to be or not to be. Density is not a thing in itself. There are endless forms of motion, and this 'space,' so-called, is made up of these endless forms of motion. It may, of course, be called 'molecular motion' -- that is naming it. But these molecules of which your space consists is good only for your three-dimensional world. Beyond that there are other forms of motion that cannot rightfully be called molecules in motion."

"Motion, to us, is a state or condition of something, not an entity in itself," remarked Meade.

"Indeed, you are right."

"There is a cause of motion, is there not?" inquired Mr. Pafort.

"The only cause of motion that we can think of is brought about by what, for the want of a better term, we will have to call an awareness sense. Now, if you enter into, through projection, the field that I say



lies beyond your three-dimensional molecular motion, you will find a different kind of motion which is not and cannot be considered the physical molecule. This, we of the 'Inner Circle', and undoubtedly many others who have studied these conditions, claim it to be mind. The mind, through thought, creates a vibratory action on whatever plane of thought you happen to be on.

"Now, sir, let us go into the world of what is called 'dreams'. Some day you may have a dream-world scientist who can enter into this dream state and make a test of what the space there consists of. Do you know if anyone ever has entered into a dream and tried to saw down a tree and then study the insides of that tree? I am sure they would find that the tree is made up of matter in motion; but the matter will be of a state best suited to the mind of the dreamer."

"Was it the mind of the dreamer that set into motion the form that became a tree?" inquired Mr. Pafort.

"Yes. Is it not so on your plane of awareness? When you examine an article you are looking at the results of your own reflected thought. Am I at all making myself clear?"

"We gather it is mind that creates motion," said Mr. Pafort.

"Yes, but the mind moves not. Therein lies your only what you can call homogeneous state. The mind is the state in which the form or substance moves."

#### Report of Meeting in San Diego, March 23, 1950

CONTROL: YADA DI SHI'ITE

"Good evening friends. I bring to you the love of the spirit world and the greatest respect of the 'Inner Circle'. I did for you a moment ago a mantram. A mantram is a prayer. Prayer is very necessary in man's life. It is much better if you know what prayer does, if you know the law of prayer. Man is forever seeking to understand his relationship with what is called God. Every race of man, all down through the history of the world, has wanted to call upon a higher state of mind than himself. When I say 'higher than himself' I do not mean apart from himself, but I mean higher than the physical-being self. How many of you know of the 'higher than yourself' - your physical self? You understand that? It is necessary for man to understand that. That this 'I' of you is your God. In calling upon this God you are awakening your higher state of consciousness. You are not praying to a Being that is so many miles away from yourself; you are not calling upon a Being that is apart from you, but is you. Man must waken to that understanding; otherwise he knows not what prayer is. He merely learns to mouth words, of which he knows nothing. But the religious history of man does not show



that the priests of these various religions have made an attempt to enlighten man to the fact that he is God. Therefore, down to this time, he is still believing that this God is something that he must understand; that he must fear. All of his acts are accomplished upon the grounds that this God is watching him and will punish him for any mistake he may make.

"Is this the intelligent way to live? We of the 'Inner Circle' do not think so. Goodness and living in goodness is merely living in wisdom. It is an intelligent way to live without expecting rewards for your acts. Every religion offers a reward for good and punishment for what is called evil. Such is the teaching of the priestcraft; it is not a fact. You receive your rewards for whatever your acts may be. You receive it in that act. Man must awaken to this. You, all of you, are absolutely responsible for everything that takes place in your life. You cannot have some other individual shoulder your mistakes, your responsibilities. This is the time when men must realize there is nothing in what is called 'atonement'. No great teacher ever came upon the face of the earth who could take upon his shoulders your mistakes, but man will not realize this until he comes to the understanding that he himself is a great being with a great heritage.

"MATTER! What is matter? Whence does matter come? How does this matter take shape, form, design or whatever you wish? By whose will, by whose wanting? By yourself. You may think to yourself that these things are not true; that you could not possibly be the builders of this vast universe and the many universes in time and space, but believe me, friends, you definitely are. It is your consciousness; it is your state of awareness and by that state of awareness and by that state of consciousness you live, you create. But man - which includes myself - (being on the plane of consciousness I am does not by any means exclude me from what is called man's being). Wherever we are - in different states of consciousness - we find ourselves building that world. Now I ask you, do you wish to debate anything I have said? Do you have any objections one way or another? You have a right to express yourself if you do. We do not say we know it all, because we happen to be out of the physical, chemical state of awareness. Not by any means. Man has a great way - an endless way to go. Life is forever expanding. There is no beginning or end. You are the beginning and the end."

"If we are creators, how is it we can create many material things but we cannot make a blade of grass, tree or a mountain?" asked a guest.

"The mountain, tree, grass is all part of the universe. The grain of sand, your state of awareness has made it what it is. You have made that blade of grass.

"You have what is called five senses, that is what you assume you have - five senses. It is also assumed that man can know nothing apart from these five senses. The 'I' of you does not need to depend upon the physical whatsoever. As long as you do not know you have more than five senses, you do not have them. Today Scientists have claimed to discover or come to the belief after many years of study, making application of what they have studied, that there is such a thing as telepa-



thy. What is this telepathy; how does it work? Is it by any of the known five senses? No, it is not. Does thought travel in a wave from one brain to another brain. Is this energy force? It is not - though in future times it may be so measured as an energy, yet it is not. That is merely the three-dimensional appearance. We have talked much upon what you call time and space, and we say there is no time and no space; that what you are existing in here is not space. It is consciousness.

"If you will study and make a comparison between your dream world and your (what you call) wakefulness to reality - hum - reality - I'll talk about that later. In your dream you have space, you have time, you have things, do you not? Isn't that so? Then how is this different than that. Now, if you call this space and time, have you anything to compare space and time with? No, it is consciousness. All that happens when you send a thought to another is that you expand your state of awareness.

"Friends, it is extremely difficult to put into any language, any spoken language, these great truths of life. Most of what the ordinary man hears concerning life is mumbo-jumbo, so that he shall not get the opportunity to understand. For the great religious teachers do not want you to know - if you do, their day will come to an end. If you come to realize your own greatness, it will be the end for the priestcraft. They will build no more great temples, they will spend no more of your monies to build these vast temples where Christ is worshipped. No great Teacher desires man to starve while temples are built for him. Man is rising up out of the dark ages. He is slowly coming into the light. He will continue on and all other things that are unnecessary for his growth shall surely come to an end. And only when it does, will man find his true freedom, his true paradise and his true nature. The blade of grass, the tree, the mountain - do you not see these blades of grass, these trees and these mountains in your dreams? What are they made of? Who made them? YOU! When man gets to understand this, then he will have his peace and paradise on earth and not before. Your Christian Bible tells you that you are your brother's keeper, and you are - but you cannot understand what a keeper means entirely until you understand yourself."

"Is that what Christ meant by his saying, 'I and my Father are one'?" inquired a guest.

"Exactly, my dear lady: Of myself I do nothing, only through my Father which is in heaven do I do these things.

"Heaven! Father! Perhaps you wonder why there is so much suffering upon the earth. I can say many things concerning man in his religious aspect, but take him in his many aspects and you find much cruelty. What do you suppose brings this about? It is only because he does not understand himself that he stoops to that. Do you suppose if you truly love your brother you can harm him? And that is the only sin man can commit, to harm his fellow man. If you don't learn to live right you



are harming your fellow man when you harm yourself, for you are your fellow man. Be free. Feel free. Fear, man must cast out of himself. What have you to fear? Just what? You talk today about your atomic war. You are threatening one country and another country is threatening you with destruction of the most terrible kind. Let me assure you that man cannot be destroyed from the face of the earth. There have been some of the greatest catastrophies that have rocked the earth from one end to the other, yet life continues. Life is the creative force and cannot be destroyed. Man is just now awakening to his greatness, coming into the path of light and understanding. Why should he fear he may be annihilated from the earth? This cannot be. And the loss of the physical body is by far not the worst thing that can happen to man. Sooner or later each of you shall not be on the earth plane. In what you call 'time' you shall make the change which you call death. What you fear so much is change - change to a greater state of awareness, a greater and more expanded consciousness. Your happiness lies right here; your unhappiness right here. You will take that when you leave, when you make the change; and by what you have done you shall live in this other state of consciousness in which I live. By what you think shall you make your laws. The greater grows the civilization the greater the strain. Man must learn to first relax his physical body. He must learn to go into what is called meditation, for only in that way shall he realize what heaven really is. Only then shall he know what paradise is. What have you to say about this?"

"Will it be necessary for mankind to go down into darkness and chaos before he reaches the light?" asked a guest.

"No, it is not necessary. The necessity of such taking place depends upon man's understanding. If the leaders of your nation and other nations have not understanding and you, the people, sit idly by and attempt nothing to keep these wars from taking place, naturally you will reap the result of your non-action, for in non-action there is much action, believe me! Your new weapon which you call the hydrogen bomb - if this is dropped upon your earth - shall create a terrible tragedy upon your earth. It will burn up the atmosphere until it is a burning, glowing, mass, but that does not mean that the whole earth would be destroyed. That could take place in a part of the earth, and the continued action -- or what you call the chain reaction -- could be cut short. It does not mean it would eat up all the oxygen in the earth. No. If it is dropped near water - even one of your large oceans - it is likely to dry that ocean up. And if it is dropped on ground, it will send up vast clouds of dust which would in time settle down on the earth and these would result in radio-activity, and you can imagine the results. What is a conquering nation to gain by using such weapons? They would not gain one bit. If your country dropped this terrible weapon on any other country, it would make that country so unfit it would be a detriment to your country and vice versa. When another war comes, believe me, they will not use atomic bombs. They sink great fortunes in them, but they will not use them. Your America alone today holds the light, and if this light goes out, it shall go out throughout the world, and it shall be not hundreds, but thousands of years before man finds his way back to his condition as it is today."



"How would such a catastrophe affect the spirit world where you are?" asked a guest.

"It would send into our world, as all wars have done, great hordes of unprepared souls. It would make our work almost impossible to carry on. It would take those who were sent into my world hundreds and thousands of years to awaken. They would be reborn back into the physical world again very rapidly, exactly as has happened today and happens after every war: there is a great influx of souls to your earth plane. If man is striving only to go from the Earth plane to the astral and back again, that is all right. He has plenty of time and can go on as long as he desires to suffer like that. That is why great teachers like the Master Christ have come to the earth plane to teach man his great heritage, to save him from the terrible condition of going from the physical to the low astral and back to the physical, for there is just as much suffering here as on the physical plane. Don't think death frees you from suffering, for your suffering is not a physical thing at all. The physical-chemical body has no feeling whatsoever. It is matter. It is the same as this - (hitting the table). This (pointing to the head) is where the suffering is - mind. Perhaps some of you at one time or another in your lives have done something that your mind told you that you should not do. And it has caused you very great mental agony. The physical body isn't being hurt. No one is touching you. Why are you suffering? Because this is where the suffering is (pointing to his head). Even when the physical-chemical body is suffering, the pain lies not in matter but in the mind. Today you have drugs that you put yourself to sleep with so you will not feel pain. Do you apply these little pieces to the part that hurts, so the place will stop aching? No - you put it into the nervous system that operates through the physical brain. It shuts off the channel to the 'I', the self, the mind, so you cannot suffer. Man is not a physical-chemical being; he has only taken unto himself this kind of form because he can be in rapport with physical-chemical matter.

"Now, I will not stay longer. There are others who wish to use the boy to speak through."

"I want to extend greetings from my friend, Miss Rose, who is almost in India now and want to ask if you are looking after her?" requested a guest.

"Yes, we are and I was going to speak myself before you did. I feel sure we will make a contact with her in Bombay. We too shall be happy, we are looking forward to the experiment and you will please tell her that we send her greatest blessings of God."

"May I ask one more thing? You were going to find out if there is a channel in New York to come through. Sometime ago I asked you and you said you would find out if there is a channel for you to come through in New York."



"Don't let him touch the boy, please, (referring to the dog near the table) it brings back his awareness of his physical body and we cannot speak through him if that takes place! There is a lady in New York that we have been experimenting with to see if we can get through her - a little grey-haired lady - and as soon as we have some assurance that we can use her, we shall let you know who she is and where. And please do not forget to give our message to the lady in Bombay."

"Thank you. I am sure she is thinking of us. She will be there in three days. Thank you very much."

"Just before I go I want to say that when I first came in I was calling on the God Ka. As many of you may know, he is known to your present day civilization as an Egyptian God, but it is the Self, the spiritual or High Self of the individual. I cross myself this way (crossing himself) and say 'E-NA-DA.' E-NA-DA means the desire body. I ask for protection against every outward stimulation that would affect or impress the desire body too much. E-NA-DA also in the Yu language means the death body. 'E' is the, 'NA' is force, 'DA' is death; but it is also life, because there is no death. I offer blessings upon the house, CA-SI-YA. It is one word. The last syllable 'YA' is spirit, so we have 'house-spirit'. Good evening!"

"Good evening, Yada, and thank you very much," replied all.

CONTROL: LAO-TSE

"I am glad to be back among you. It has been a long time but I am happy to sit before you. I see many new faces and it makes me pleased. I know that our efforts are being rewarded. Many of you may doubt my being here, my personality overshadowing the boy. You may doubt the truth of it. Some may doubt it on the grounds alone that such a personality as Lao-Tse would not stoop to come through an uneducated boy. He would not stoop to communicate with the physical-chemical world. 'Stoop' what a nasty word! Whether he be sage or whether he be peasant, how much greater is Lao-Tse than the one who calls himself 'Mark Probert', who takes back the body after I depart from it, and from whom I take this body after he departs from it? What is this thing that departs? What is this thing that does not depart? What is the difference between the personality called 'Lao-Tse' and the personality called 'Mark Probert'? How can you tell who is who? Do you know? What do you base your theories upon? What is greatness? Do you classify greatness by what is done or by what is said? I was not known to have done anything, but if I said all that people said I did, I certainly said a lot! If you have read my saying, 'Those who speak know not' then you must think I knew not. There is a great and constant controversy, not about the continuity of life so much as the ability to communicate from one state of consciousness to another. Why does man fight this? Especially is it true in what you call civilized man, because civilized man fights every-



thing, mostly himself. That is why there is so much strain. He strives to grow. Did you ever see a flower strive to grow? A flower just grows, and it is most beautiful. Did you ever see a man trying to smile? Do you know what your face looks like when you try to smile? But if you just smile naturally it is beautiful. Let us just go along with life; let us not fight the stream. There is nothing that can happen to you that has not happened before to you. The thing you fear most is what you call the unknown. How can someone fear that which does not exist - the unknown? I have not come to stay long tonight for there are others that wish to talk too. I come to bring my greetings and love to you."

"It is always such a privilege to have you, Lao-Tse," remarked a guest.

"I do hope that another time I can stay longer, but I want to say to you I am at this moment listening for what you have to say to me. I'd like to hear from you."

"Don't we go along with the stream of life too much? Should we not make an effort and strive to learn to grow?" inquired a gentleman.

"You have heard of 'the effortless effort'. By that is meant a complete state of detachment from that which you do. Strive without strife. Don't live with what you are doing. If you don't become attached to things and ideas - even to my ideas - you will suffer less. Don't feel that what you are doing is so utterly important that you become lost in it. Don't look for results. Work for the work's sake; for the joy you get in the action, not for the results. Results will take care of themselves, believe me; and if you are attached when these results start to take place, hmh! hmh! That is man's mistake, and so he suffers. We come not to teach you anything, we come merely to awaken you to what you already know, and if we can say certain things in certain ways that will touch off the spark of knowing, you will come awake and say 'That is what I have been looking for; I knew it all the time but wanted to make sure'."

"Then is all knowledge within?" asked a guest.

"All knowledge is within; man knows everything. There is not need of knowledge, there is only need and awakening. Man needs quickening of his consciousness."

"Can we do anything to bring that about in ourselves?"

"Yes, you can bring it about by what Yoda Di Shi'ite spoke of - meditation; deep-seated concentration; going within. Now there is not really a within or a without. It is merely an expression. It is only an expression for expanding your state of awareness. You need not go off to the hills to do this, you can become perfect in the practice of meditation by spending 15 to 20 minutes a day sitting quietly in contemplation or walking where it is quiet, away from the market places of cities and towns. Meditate upon life, the wherefore of that, the why of this? How is it that a body can move here and there? Who and what is



this 'you'? Once you get to understand and have your point of awareness or wakefulness of enlightenment come to you, you will surely understand the entirety of life. You will see why the suffering, why the laughter, why the tears, why the turmoil. Only when you understand these things can you be of true service to your fellow man for only then will you fear nothing. And when you fear nothing, you can walk into the darkest, foulest swamps of life, down into the dregs you can go, and come up clear, for you shall then be wearing the gown of wisdom. And the purpose of your going down into those conditions is to aid your fellow man.

"What are you thinking, Sir?" (Addressing a member of the group)

"I am just listening," replied the guest.

"Someone is thinking real strong. They are debating what is going on in their mind. How about you young man?"

"We are all thinking something, aren't we?"

"You are contemplating what is going on now; how much of it you can believe. That is interesting and we have a right to do that. That is what I want to hear from you. I want to know what you think. Of course, everyone contemplates because everyone is thinking all the time, every day and every hour of the day and night. There is no cessation from thought.

"I will leave you for now. There is another of the 'Inner Circle' that will take the boy when I leave. We shall not bring him out of this condition you call 'trance' now. I am highly honored to be among you and we of the 'Inner Circle' ask only that you seek truth in life. Seek to understand yourself - that is important. Don't follow any one's teachings, not even ours. Go and find the truth for yourself. Good evening." (Lao-Tse withdraws).

CONTROL: PROFESSOR ALFRED LUNTZ:

"Let us have a bit of jolliness tonight. Everyone seems to be holding their breath. (Pointing to the dog) How long have you had that creature around here? Ask and you shall receive, eh! Someone found him and had pity on him. You know how I get deep. I don't think I'd better. You go right down into your chairs if I do that."

"If you have a good joke to tell us, it would be nice," remarked a guest.

"I was going to speak about your modern television. Do you know, someone at the television interview the other night wanted to turn me into an 'ad man'! Wouldn't that be beastly? I cannot imagine myself being what your Americans call 'snappy'. I don't think the comedian you talked about was very enthused about what you people had to say. We of the 'Inner Circle', as we have said, realize the position you are in. We realize the financial difficulties you come up against. On the



other hand you, I'm sure, understand our situation. We cannot sell this work for such a price."

"I'm certainly thankful you explained just what they could expect from you," said Irene Probert.

"You know they wanted me to be more commercial; that we are living in a commercial world, and why could I not come down to their world and not be so blasted high-toned? We do not object to their commercializing everything, and they shall be paid in kind. But we cannot bring ourselves to become a party to it. We cannot deviate from our purpose. This work is of the utmost importance and we have used a great deal of not only the boy's energy but yours too, (to Irene) in the developing of his physical self for this kind of work, and we should only be playing false to our ideals and ideas and what we plan to do. So, if you don't mind, if you and he can be a bit patient a little longer, we will see that you come out better financially and in every other way."

"We heard from our friend, George Pafort, and he is arranging for meetings in Pasadena and in Laguna Beach," said Irene.

"He is an earnest man and is doing his best. Will you please tell him we send him our best regards. Pardon us for talking shop. A few of you here today I have not met before but I shan't ask to be introduced to each person; I'll just say a jolly 'hello' and am indeed pleased to meet you.

(Speaking of Harriet Foster). "We know how patient and loyal she has been; how hard she has worked these years to hold this work up to its high degree. Believe me, my dear, we are making a special effort to see that you shall be compensated."

"I am already compensated. I enjoy the work immensely, but sometimes I'm afraid I may not get the language down exactly as you speak it," said Harriet.

"You are a perfectionist. It is your nerves that makes you a perfectionist. It boomerangs on you, like all things that you put too much effort into. Shall I go on speaking of similar things or listen to you? Sometimes I get a little bored listening to my own voice."

"I'd like to suggest a topic. Would you discuss life in your world instead of life in our world?" requested a guest.

"I'm afraid I may disappoint you. By that I mean I may show you that, even though you suppose my world is vastly different than yours, it is not. In my state of consciousness there is practically a duplicate of your world. We have vast halls of learnings of all kinds. We have many different churches, we have an endless variety of clubs. How does this all come about? It comes about simply because that is what man thinks on earth and he takes it with him and continues on that way. Do you know that the mental body that some call a ghost is just as solid



for that state of mind or that rate of vibration as your world? You are not going to meet up with something unusual, something strange or something awesome. You will progress, but your progression will come about through understanding that these things are not the necessary things for your growth. Just so long as you believe you have to have a special church, a special club, a special this and a special that, you shall have it. You can do precisely what you are doing in your physical-chemical world in my world."

"Could we meet the Inner Circle if we went over there today?" inquired a guest.

"Well, my dear, on your side of life, you have your own state of privacy when you want it, do you not? You can retire behind a wall, can you not? Well, there are those on my side of life who know that what appears to be a wall is mental stuff, and when they know this the wall is no more a barrier to them. However, in order for us to have privacy, we set up a mental vibration that acts as a wall against those who intrude upon us when we do not wish them. Now your walls - your physical-chemical walls - are no more solid than are the walls of the houses in my world. More than that, this wall that you look upon in this room, if you understood the laws of disintegration and reintegration of matter, and how to control it with mind, you could walk through your wall. Substance is not what you suppose it to be. It has been thought for many years that an astral body or a ghost body is of such a light substance it can pass through your walls on account of its lightness and its lack of density. This is not true. The atomic structure of the astral body is much denser than your physical-chemical matter, much denser. The density of it comes about in this way: In the physical-chemical matter there is a radiation from the nucleus of the atom. This, in the last analysis, is heat radiation. It is the essence of the atom. Now, when the physical-chemical body gives off this essence in what is called death, the astral atom loses a great deal of heat. Therefore, its radiation is much less and the electronic field falls down toward the kernel of the atom, thereby solidifying it to a greater degree, making it more compact. In this compactness it can pass through your physical-chemical matter by going through the electronic field; and it does not disturb the atom or the field whatsoever. Some of you here who are chemists or inclined to that sort-of thing, do you wish to debate any of those things with me?"

"Do you know what is true or what is fiction? Everything is debatable but what conclusion can you come to by debating, if any?" asked a guest.

"Nothing but the exchange of opinions. You never know what you may find you can use an idea."

"The messenger boy in Homer or Plato covers 50 or 100 pages of discussion and neither of the parties achieved anything."

"Now, may I ask you one question and I think you possibly already know it. What is there to achieve? A meeting of minds. Outside of that



there is nothing to achieve. There is nothing to get and there is no place to go. You are already there. We always talk against what is called attachment, because one becomes lost in the belief that there must be some kind of reward or compensation for what we do or do not do. There seems to be always the desire to get, and there is nothing to get!"

"Physical comforts make a road through life more endurable, more comfortable," stated a guest.

"Sir, a certain type of comfort is dependent upon the individual. What is important and a great comfort and joy to you may be a great burden to others."

"Continue, please."

"I do not know in which direction I may continue. If we have nothing to discuss, then I cannot discuss it with you - can I? You, I am aware, are quite modern in your thoughts. You see things in a better light than many."

"As you said, we are here today and possibly gone tonight or tomorrow - we do not know. Therefore, we try to live as best we can and do as much as we can. The environment in which we live is capitalistic. Therefore, it is right for us to get for ourselves the comforts to make ourselves a little less uncomfortable to go along the road of life. Shall we say more physical comfort such as an automobile, etc!" remarked the guest.

"Are those the real things in life?"

"How do we know, since what is there in life but comfort for ourselves?"

"Sometimes they call me the trouble-maker, I like to start things and then sit back and listen to others. The greatest love dies when it has nothing further to kindle it to keep it going. You may think when I say that I am referring to the physical world alone, but I'm not. One can carry a great love into the other realms of life and keep the flame burning, but it will burn gently and not with such destroying heat.

"Now so far as the lady not knowing anything before she was born, I could debate that with you until the wee hours of the morning and the boy would get tired and so would you. What is this that gets tired and that knew then and does not know now?"

"You know there are a lot of things we do not know. I will say nothing rather than venture an opinion which may be considered foolish," retorted the guest.

"What is foolish and not foolish?"

"What in the eyes of the world does not agree with their opinions?" replied the guest.



"If you believe in them they may be false to ten thousand others, but you are living your life, you are not living ten thousand other lives; then what you believe is absolutely true; there is no other truth.

"Nothing altered?" asked the guest.

"Then, Sir, you alter it yourself."

"What is truth today is not truth tomorrow!"

"Precisely, but this gets no one any place, because man could sit down and argue in a physical way and try to apply the overall picture in what he is saying, but he cannot do it because the overall picture covers many states and not only the physical one. Why, you may ask, do we come to talk of these things when we are quite aware of the fact that the greatest philosophers that ever lived upon the earth have debated such questions, and the unthinking will say they have gotten nowhere. But really they have. Each one has gotten exactly what he wanted; what he expected. The truth, whatever form it may appear in to you, is your truth. You talk of your atoms in respect to matter. However, your scientists do not know where or how matter came about. More than that, they cannot see the particles that go to make up matter. They can observe the course, the motion that these particles have taken by the little streaks of light upon their sensitized plates. Man is a physical being only when he does not strive to understand more than that; all that he does know is that there is something moving; what that thing is that moves or who the mover is he has not the slightest notion, and he sits back in awe when something strange takes place.

"Speaking about strange things, what about your flying discs?"

"We have seen a lot of them, haven't we? They are becoming old stuff," remarked a guest.

"Yes. It is not old stuff to the vast majority. Many people are indeed quite anxious, quite worried and some very fearful, and as this thing grows and these aircraft continue to appear, there is likely to be panic.

"In the beginning, somewhere around 1946, we mentioned that these aircraft should not be set upon, should not be chased down, for if you do you will bring trouble. However, one enterprising young man decided to chase one and the result was his untimely death; disintegration of his plane in the air. We advise you again not to do this. If I were one of them I should be afraid to come upon the earth. Friends, these craft come out of the condition called the Etheric world. When your scientists begin to understand better the laws of vibration of matter, they will then begin to see the possibility of such a civilization. This civilization has been known to many occult schools but it has not been given out to the people at large. It has been known for thousands of years. Every world, every body within space which you call stars, planets, and all other things have an etheric body - right on down to the



well (or unwell) known atom. Throughout all space there is a state called consciousness. There is no point in space that has not got intelligent thought in it. Now perhaps some of you have heard of the teaching which says your material atom or atoms do not touch one another. However, in the etheric world the atoms do touch. Their form of motion is quite different from the form of motion of your physical atom. Have some of you something to say?

"Why do they not contact us here on earth?" asked a guest.

"These beings will allow themselves to become known to you in their own time, when they feel they will be safe."

"I wanted to ask, Professor Luntz, could we get in touch with them through symbols?" asked Harriet.

"It would be far better if you used a form of colored light signals and when these things are observed, to try to flash these lights upon them or toward them. At least it shall be a start so they will know that you are less to be feared. Your atomic bomb created more havoc than you can realize. It attracted more attention than any of your scientists know. It has attracted attention throughout many miles and miles of space. It has, to a degree, created a break in the ionized belt around your earth. Now this break can heal. Another one or two mistakes, however, of dropping these bombs upon your earth and the first thing you know this break will widen. It will let in upon your earth such terrible wind storms that man will rue the day bitterly that he ever set them off."

"That is what happened in the Yu civilization that Yada speaks of isn't it?" asked Harriet.

"Yes. If you think for a moment this is idle talk, go talk with one of your highly scientific minds and see. I am not accomplishing that which I desired to do this evening; I was hoping I would stir up someone to talk with me.

"Friends, I do not want to hold on to the boy too long; it wears his body out; we have to take too much heat and energy from him; we do not like to do that. But, before I go, I wish to say to you, whatever takes place upon your earth, whether in your personal and general immediate surroundings or in any other part of the earth, do not fear, do not become panicky, do not become worried; you shall find safety in this attitude."

"My daughter is having some trouble with pains in the back of her head and queer dizzy spells. I'd like you to look in on her," asked Irene.

"Will you please pardon me? I shall take a little walk and see what is wrong with Irene's daughter. I shall be back in just a moment. (Silent waiting). Her blood pressure is quite low again; also she has some



vertebrae out in the spine. She is living under too much tension. She must learn to relax herself. She must learn to do this."

"I'll tell her, Professor. With three children it seems impossible to do this."

"I think there are times that she can lie down on the floor with her legs propped up and her arms crossed over her breast and relax for fifteen minutes a day. I would have her checked over by a competent medical man; I think he will find her blood pressure low and this causes dizziness.

"Friends, I do not think I shall talk further; I hope to see you all again sometime. Before I leave now I say to you, the greatest thing in life is the pursuit of life. To understand this is to come into harmonious relation to the world you live in. God be with you. Good evening!" (Professor Luntz withdraws).

Rough Notes on a Lecture by  
M A R K P R O B E R T, Psychic

April 8, 1950

(Held at the home of Elsie Hughett for "Mother Gloria"- several friends and guests present).

CONTROL: YADA DI SHI'ITE

"I come here ... a beautiful song - very beautiful voice ... long, long, long time ago ... long time ago, sang it in the temples ... yes ... I knew you before ... incarnated ... on the Himalayas ... knew you there ... in Tibet ... Persia ... she is there, wearing a cowl ... long ... as a Priestess ... (Elsie questions whether it was in the Zoroastrian work). long before Zarathusthra restored the true teaching.

"Friends, I am honored to be here today, more honored am I to be today before a lady with whom I have been in contact, with you whom I knew a long time ago. I want to say, once you were a priestess in a Persian temple, and you wore a robe like this (shows with his hands)."

"Was it this kind of robe? Do you see it?" inquired Elsie.

"Yes! Returning to and coming in contact with a physical body I am again filled with emotion. Do you know ... to renew, to recontact, it is such a glorious thing to meet again one whom you have known before! All the time I have been speaking through the boy I have known and talked to only two, and now you are the third that I have known before. Do you have a memory of that time?"

"I have feelings, but not true memory. I would like to have memories, but they are not quite clear," replied Gloria.



"Have you tried to make them clear? Have you spent time in meditation?"

"Not too much. I don't quite know how to do it in a lawful way. I should like to know how to do it lawfully," replied Gloria.

"Once you were known as Princess Haziba. You relinquished your royal standing or relationship to become a Priestess of the temple. In those times it was a greater honor to so turn to the temple than to be of the royal blood. To understand life is much more important than to be of the greatest earthly royalty. It happened in Persia. There is much I would like to tell you of, but you must try to find out for yourself, and it will be more satisfactory. To hear someone tell you that such and such is the case is truly not reaching into the depths of things - your life; therefore, you cannot have a true understanding.

"Man is a great being; this, his physical life, his physical expression, is but one, one of many ... Beautiful bells (chimes from the clock) ... I am thinking now of that which I hear. You say it is that clock?" (the clock ticking)

"Would you like it stopped?" asked Gloria.

"No, I am trying to think how that works. We of the Inner Circle are extremely inquisitive. It may seem of small matter, but time is an important matter - important to you and it must be, when we come to talk, important to us, and when we come to the earth to further see what is taking place in the present era. Time, of course, is only a state of awareness ... no? ... Man has this state of awareness on all planes of consciousness, although not in the same way as you on earth know. That is why it is so difficult for us to reckon with what you call time when we are asked about what has happened at such and such a time.

"Now, Lady, what are you now seeking? What in this life are you wanting? That is the very important thing. Millions, millions of people, come to the earth, and go, like the grass in summer and winter, never awakening, never seeking beyond their little confines of three-dimensional thought. We of the Inner Circle, we do not care what an individual thinks. Our interest is in finding out how and why they come to their thoughts; and when we know that, then we can better help."

"We would like to fulfil those designs which lead toward perfection," replied Gloria.

"That is indeed the only true goal that man has; all else is but foolishment. Now, many feel that this seeking necessitates sadness, extreme seriousness, but - no. There are moments for seriousness. These moments are for meditation. These moments are for pondering the depths of yourself, for it all centers down, down, down into the self. But then one must also have laughter and gayety; otherwise the mind has a way of falling into a state of morass. To be a deep thinker means also that you must have a gay heart, a heart of joy. For truly to understand life is to give great joy to the heart --- no?



"When we discover after years of striving, perhaps centuries of striving, that we, as individuals, are Gods, that the beauty of life is the seed of our soul, that we are not confined and imprisoned in a physical-chemical body, but that we are the Universe ... joy ... A long time ago, I think, your scientists, your material scientists mentioned the fact that they thought, from their observations, that the world, or the universe, is expanding. That all these bodies are rushing madly away from one another. While other scientists wondered if there was not some mistake, that the universe was not expanding, but contracting. They sat, and pondered ... with cold calculation, the age of the universe-universes, coldly calculating the possibilities of expansion or contraction; not for a moment thinking that this expansion or contraction is not a physical thing, but a mental one. It is what may be termed, in some occult teachings, as the Breath of Brahm; the breathing of God, if you wish; the in-and-out motion, the pulsation of the Great Heart; for the universes are doing both, expanding and contracting. Matter appears to be disintegrating and building at the same time. This is a three-dimensional truth, we may call it. But in the deepness of the thought it is mind - it is yourself - that is expanding and contracting as you grow, through the law of growth. Physically speaking, all matter works on what you today call the Quantum theory. It is the periodic motion in which there is an infinitesimal time of pause before action. This is the mind building, first in what is called the physical thing which produces the physical projection. If man does not come around to this understanding of life he may dabble into all manner of three-dimensional physics, psychology, chemistry, and those things ... it will do him no good, for he shall be stopped until he realizes that all activity stems from - and is - the MIND. You have something to say about that?"

"Yes, please. Does it have a relation to the rhythm of breath and the pause between exhalation and inhalation?" inquired Gloria.

"Yes, that is exactly it. Breath ... breath ... Life ... Brahm. Man seeks to understand himself and his fellow man, with words. There was a time when man did not use words, but used symbols, and without what is called sound. This was a picturing, or as you call it today in your scientific approach to the subject, 'telepathically' done; and in this way no mistakes are made by the minds of men. Words - the use of words, is one of the greatest barriers to man's understanding himself. Soon there must be at least a form of an Universal language."

"I wonder what has been the reason? There have been so many trials - and they don't seem to succeed," remarked Harriet Foster.

"It is because the ego steps in the way. The ego overshadows the desire to expand. The individual does not like to be told that his language is not suited for Universal language, that he must use some one else's language; then the argument comes up - use his or one of mine, and that is the way with all things when a man does not try to understand. Man says, 'My religion is the only one, there cannot be any other'. Your Christian Bible says, 'I am the Lord thy God and there shall be no other



Gods before me'. There are no other Gods. That is an unnecessary thing to put in a holy book."

"Should it be, 'I AM is the Lord thy God'?" asked Gloria.

"Yes. I make my bow to you. 'I AM'. Is not that enough? Therefore, is not that God the Universal God? The one and only God? But there is the Christian God and the endless other gods right on down the line, which all the religions use many times -- shall I say 'Yu', American, Englishman, German, Frenchman? What am I? I am none of these things as they appear to be, and yet I am all of these things. For these things are merely tags put upon the self, the High Self, the 'I AM'. The use is words; using 'I AM', good words. My friends, there is no discussion. But you will find, if you can be placed under a proper teacher, one who really knows and knows he knows, that in meditation there is no word for God, for you become IT. Now you can see how futile words are. You become it! But how can you become it, toward what?"

"Toward consciousness; toward reality?" answered Gloria.

"In other words, all mankind is progressing toward himself; and this could never be if we could realize that we are, in this moment, illumined, lighted, the God!

"To the Christian way of thinking, this is shocking. They desire a God apart from themselves that they are going to go to and 'be with'. Let us suppose this was so, so no matter how close one came to Him, no matter what the proximity, the individual would still be an endless time away, for there would be no contacting, there would be no blending. You see? It would be like a man seeking the outermost star; he could travel from the earth through all Eternity and never reach it. Man must come to know that he moves not in his progression, he moves not along the path of growth, for he is the Path! 'I AM' is the way. 'I AM' is the way.

"It was mentioned that perhaps my name was 'Yatha'. In times gone by I received the title of 'Ya-Da'. It was later called 'Yatha'. 'Ya' is spirit. You will see that it means practically the same thing. 'Da' has two meanings in the Yu language; it means both death and life, because there is no death, so -- 'Life-Spirit'. In Sanskrit the 'Da' means 'brilliant'. This does not necessarily mean that I am brilliant."

"We think you are," said Gloria.

"Thank you. Illumined - that is it. And, of course, you know 'Shi'ite' is a tribe, not dating back in your time a few thousands years, but five hundred thousand years, to the civilization called YU."

(Clock chimes 12:30 - one strike). "What was one?"

"The midday hour - high noon."

"Sun out in sky?"



"Yes," replied Gloria. "Was this civilization very advanced in everything?"

"I will speak of this later. Now I must go." (Control withdraws explaining advantage of changing controls; saying he will return later.)

CONTROL: Professor ALFRED LUNTZ

"Good afternoon. I am indeed honored to be among you this afternoon. I am going to fill in, if I may say so, for a period until my colleague returns."

"We are always pleased when you come," said Harriet.

"I always feel flattered to hear that I am pleasing, to feel that someone enjoys my company. If we could say that to one another throughout the day I think that we would have a happier community, don't you? I am indeed pleased to see you, my dear; come in! You know, that is wonderful; let us take a bit of a walk and talk of life.

"It took many years to try to understand, after I came over here, why I did not think of those things when I was on the earth plane. I was listening to you singing, and this lovely hymn - to me it is a hymn - far surpasses anything I have heard in my church. There is no 'Washed in the Blood of the Lamb'. That to me is very repellent now. The sacrifice - the Blood sacrifice, and that is where such songs and such teachings date back, from the time of the pagan and idol worshipping when they made blood sacrifices. How is it that anyone can enter into a temple of God and tolerate the plaster of paris form of Christ still bleeding upon the cross? The blood sacrifice. Pagan teaching. Can you imagine any God that would demand the living blood of a son who was suffering in order to appease Him? Of course, I did! But after I came over here I acquired such a guilt complex when I found out that things were quite different, it took me years to adjust myself, and then I did not completely do it until I got under the influences of the Inner Circle; and now, thank goodness, it has been my good fortune to become one of them.

"Man, down through the ages, has built marvelous temples to his gods, to appease them; he has made all kinds of atrocious sacrifices, even to the slaughtering of his fellow man. In fact, this was one of the greater pleasures of the righteous. I suppose most of you remember reading and studying of the Inquisition?"

"Yes."

"Pleasant thing. However, we must not concern ourselves with that; not that we must blind ourselves to what has happened or what is happening. It is not that, but what is to be gained by making it -- to do over something that you yourselves have no higher control over. The best thing to do, and I have learned it after ...



"A few months ago I was in a northern city, speaking, and there was a young man there who was quite insistent in wanting to know if I knew what were called the Greater Secrets of Life, and I said that I knew a few of them. He asked me why I couldn't tell him. There are certain things that we cannot tell, not because we feel high and mighty about it or that we feel important, or any of those things. It is not a matter of being better than you, but do you suppose that it would be to anyone's advantage for a physicist to go to a child in the third, fourth, fifth or sixth grade and try to explain the Laws of Physics to him? Would it accomplish anything? No. We must all learn, step by step. In the Law of Growth one does not jump ahead, one steps until his feet become strong, and then he can make larger strides.

"Man ponders over himself, and then he reaches a certain stage where he falls back again to the teachings of the priestcraft that he is not supposed to know anything about himself; that he is supposed to follow blindly with faith, and faith alone; that he shall attain heaven through this faith. He does not even know what he must have faith over or about. Just think! Today you are coming to a time when faith is failing; it is no good; it is not sufficient. You are living in a time when you must have an understanding of life. Surely, to look back upon the path over which you have come will give you a joy to see how far you have gotten, although many try to say 'never look back'. I don't know; I feel that it gives one encouragement to look back, as long as they do not become attached to what they see in the past. There lies a pitfall. If you become attached to what you see in the past you become emotional and hold up your progress. We have got to know why we have done certain things, and the reason why we erred is because we did not know, we did not comprehend the Law, the Truth. We have made mistakes, all of us, but it is because we had to learn a law. You may be looking at a lovely landscape and go into a bog; it doesn't matter that the scene was beautiful, you still go into the bog. That is because you have to learn the consequences of making a mistake. It is said we have ears and we hear not - we have eyes and we see not. This is to be expected. Man came into the physical-chemical world and lost the knowledge of who and what he really is. So he wanders around the dark jungles of materialism, and he is not to be thought of as a sinner. This is what happens to us when we commit a certain act and the reaction shows itself to be not in our favor, is certainly not because our act was what could be called a sin against God, but rather against our own better judgement, our own understanding, and it is only through making mistakes in life that one can grow. If you act you are going to have a kind of reaction every time, but let us not concern ourselves with what may happen, let us act; for it is only in our acts that we live. We can't help but act, is it not so?

"In many of the occult teachings it is said that Karma is something to be afraid of, to run away from, to escape, to free ourselves of. Let us assure you that Karma, like sin, you can't escape it, because you must act, and in acting you reap the reward of your act. Just try to understand that life is great, that you are a great being, and that you are learning, you are on the path. Be not afraid, for the moment you fear is the moment when much trouble shall turn your way. Why is this? Be-



cause it freezes one into inaction, and in inaction there is only stagnation. Let us try to think as clearly as we can, and that we are doing right, and working in the right direction, and working and thinking not of the profit or gains of work. I only wish that I had someone to tell me these things when I was struggling upon the earth plane, but, of course, I doubt whether I would have listened; I feel pretty sure that I would have considered such teachings that of the devil. Thereby I stymied my growth, which, in the truth of things, was not an evil but a good, because it was only in that way that I could learn.

"Why do some of us seem to have an inner knowing that this or that is the case in a certain act or thought, and that we can know exactly how to act and thereby avoid representing the wrong forces? The reasons for this are that such individuals have an inner knowing of having lived before, having experienced many of the same problems, and, therefore, know how to override or go around or jump over them. Therefore, if this is true that there are such individuals, let these individuals be leading lights. Let them aid, let them humble themselves and not be pretentious about what they know or think they know. If you are going to teach someone that you feel does not know what you do, and you wish to have success with it, you would better come down to his level, his level of thinking, and not try to boost him up, but walk up gently with him.

"I won't take up further of your time, unless, of course, you have something to say to me?"

"Thank you very much for your exposition -- it has been both interesting and instructive," said Gloria.

"It is a pleasure. In a few moments my colleague, Yada will return."

CONTROL: YADA DI SHI'ITE

"Ka ... Good man ... Oto Man Zar Adusth-ra ... yes ... the word Ka comes down from ancient Egypt. It means the spirit was God ... the highest ... there are many ways of saying that. Another .. first, I call one Ka to bless man and bless another being in its body, to offer protection against unwanted things."

"That is why we sang," said Gloria.

"Yes ... the Will of God to build a beautiful vibration in the room. To call upon and make consciously aware, this God, of our wants, in whatever state of consciousness we happen to be. Whatever states, no matter how high, that man may reach to, that man may attain, there is always more. It is the eternal quest, not the momentary quest; but, if you come right back to it, the momentary quest, for eternity is a moment. What a beautiful quest. The Christian Bible says, 'Seek ye first the Kingdom of Heaven and all other things shall be added unto you.' Its only meaning, seem to understand, to find the self, and in doing this you become



one with all other things. And without this you are nothing. Your Christian churches do not teach this. They fall far short of teaching man Truth."

"How can they when they don't know truth themselves?"

"Many of the great, and what you call high leaders of the churches do know, but it would not be profitable to teach the people. For then the people would cease to become slaves, and the priests would lose their church and the kings would fall. Quite a disaster?"

"Man is seeking eternally to return to his home. You have heard of what is called the high etheric? It is out of that condition that man entered into what he calls the physical-chemical world ... he designed and built all of it. The evilness was not in the world, the universe, the material universe; the evilness lies in the fact that men, in coming into contact with it, become lost in a spell, in the glitter of three-dimensional matter. He fell into an hypnotic state, and spends his time going around asking, 'Who am I? What am I? Where did I come from? What am I doing here? Where am I going?' And, on asking these questions, assumes that the priestcraft know that he is asking these questions ... they come to him, quiet him and tell him to go back to sleep ... do not upset your little mind ... you just go to sleep ... I will take care of that for you ... and while he is patting his sleepy head, his hands are inside his clothes taking the money. In order to build a nice bright object for him to be fascinated with, he spends vast sums of that money building great temples for the slaves to be fascinated over. This has been the way of man down through the ages, of his coming into the physical-chemical world.

"We of the Inner Circle have said many times that man did not spring from or grow out of a great savage state into a civilization, as he seemed to have. The Neanderthal man of very ancient times was not the body that first belonged to man, that he came with. No! For man came out of a great civilization, and he brought that civilization with him to the earth plane. But he became so fascinated with matter that it brought upon him blindness, and he became greedy and his civilization fell, and great destruction came upon the land, and gasses came upon the land, and it changed many things, and some of these things were man's physical body. You have heard of mutation; all things, chemical things, work through mutation. Man made many experiments in coming to the earth plane, not just one, as your scientists seem to think today. Evolution is the Law of Ever-Becoming.

"This is what man is striving to do, to become. Because he knows not that he really is. He is seeking to take the cobwebs out of his eyes; he is seeking to part the bushes, the grasses in this jungle of his; seeking to penetrate the density of the darkness. But when he sees that little spot of light ahead for the first time, he had better not say anything to the priestcraft because they will slowly turn him around until he can't see it any more. Work quietly, work honestly, work sincerely, with your fellowman. Do not tolerate him; tolerating is very bad. Un-



derstand him. But you cannot understand another until you understand yourself. You have something to say to me?"

"Did man's body come through evolution or did it come in another manner from the celestial round?" inquired Gloria.

"The body is a pattern. It is a form with mental energies coming down the plane of thought, which becomes what you call physical-chemical matter or mind in motion. So, the body is as this on your earth plane, is good for this on your earth plane; it is not a necessity. It is designed particularly for three-dimensional matter and things. When you leave this physical-chemical body and go into the state called death you do not return to the higher etheric. No, unless you are ... I shall not use the word Master, but you are a great teacher, a great understander of life, like the Christ, and many of the other teachers that have come to man down through the ages. These can, and do return. But until man learns that he must master this, he must take the energy of which this physical body is made and take it with him ... he must not go through the state of death. It was assumed that the Master, Christ, was dead; that He went through what is called death, but He did not. It is believed that the angels came and took his body away. No. That is what today may be called a fine fairy story for the child minds, because they did not know what to do about that body's being gone. Yes? Because the energy that that body was made of was taken with the Christ when He left. To die is to waste energy. In some teachings it is said that when one enters the astral plane they shed another body. More energy wasted! This is not true. These are what is called astral shells, corpses on the astral plane. Let me assure you that it is not so. These zombie-like things seen on the astral planes are thought forms, created both by those living in the physical and those that are on the astral. Man does not go through another death. You can take your body wherever you desire to go, for it is nothing but mental energy. If you do not do it, it is not a terrible thing, it is just that you have not yet learned certain laws and that you must return and learn them in the course of awareness. I was going to say 'time', but it is the same."

"Do you care to say something to us about the part that the Jewish race has played in the Crucifixion? I think that sometimes it is taken as an excuse for anti-semitism," requested Gloria.

"Let me say to you ... yes, the Jewish people had nothing to do with the crucifixion of Christ. This was a political thing. In reality ... I wish I could say what I feel ... the Crucifixion is a ritual - yes - in which one who has reached the highest state of adepthood on the physical-chemical plane must go through an initiation. It is not a blood sacrifice for the forgiving of the stupidity of the people. That, indeed, would be a lost cause. There are certain things that I can say, but I not ... do you know of this? Do you who sit in this room know of this?"

"That Christ was not murdered on the cross? Yes."

"Well, then I may go on."



"Did Joseph of Arimathea protect him when he left the tomb?" inquired a guest.

"Yes, there is an initiation, a part of an initiation, whereby the initiated is laid out upon a couch in the form of a cross, and with those great teachers standing around and about him, he is sent out into the great reaches of what is called space, which is consciousness, to examine and bring back knowledge of the many bodies in space. Should he fail in this initiation it would mean that he died. The Christ did not fail, for He returned. The bleeding of the hands and of the feet, and of the side, and the thorns upon the head were not an actuality. These represent symbols that mean deeper things in the understanding of life. The thorns mean the knowledge gained by great suffering, the suffering of freeing oneself from the hypnosis of the physical body. The cutting away completely of all physical ties, the crucifixion of the flesh, that the spirit may rise above. I wish not to offend anyone."

"You do not offend us!"

"We of the Inner Circle, we always ... please do not take what we say and be so believing that you shall seek no further. Rather take all of what we say with the proverbial grain of salt, and go and seek - yourselves. It is of the utmost importance that you do this."

"Could you say anything about the Protocols of Zion? Were they forgery, or if it is the plan of the Jewish race to take over in Asia, as it seems?" inquired a guest.

"My dear lady, all races desire to dominate. Likewise, all men, as individuals, who do not know life, who have no understanding, wish to dominate one another. You speak of Jewish - but Jews ... and peoples ... are different. What will it gain you to read and study the Protocol? Remember that all those holding political office will write political propaganda; that will keep them in office, whether it be the Jewish or the Gentile or whoever or whatever. Remember that all of that stuff is of this world, and has nothing to do with you and life."

(A guest mentioned a certain man.)

"I had a lengthy conversation with him, and so did my honorable colleague Lao-Tse. I have to say that this gentleman feels that we of the Inner Circle have Jews in our midst. That is sad, for man is neither Jew, nor Gentile, nor anything. Let me tell you that you shall fail. Politics and the believing thereof, and religion, become to some a cancerous sore. It is like a tumor that spreads out through the body and soon the person shall mentally die of the dry rot if he continues to nourish and feed that tumor. If you can suggest to this gentleman that it is not important and especially to his advantage -- that no political beliefs nor religious beliefs, no written book nor anything is important beyond understanding himself first, that he shall have himself alone to face when he makes the change and himself shall be the greatest judge against what he has done or has not done ... No. With that we send him



also a greatest affection. We think not of nationality or anything concerning earth talk.

"The question you did put to me earlier ... I said the lady was Haziba ..."

"What does that mean?" inquired Elsie.

"I don't think I will tell you. Not for now. I will later. I have got to think of things before I tell you, because words have a way of affecting us."

"Do you know Otoman Zar Adusth Ha'nigh? He was the teacher who brought back the Zoroastrian teachings for this age ... Orion ..." said Gloria.

"I will find him. I will find him. Perhaps I can bring back a message to you."

"Au Kee."

"In the Spanish it means nothing ... but in the way we spell your language, Au Kee. I have been greatly honored, and perhaps I shall bring a message from him."

"Thank you for being with us today," said Gloria.

(Control withdraws).

(Herewith notes from a sitting with Mark Probert, at San Diego, on April 13, 1950. Questions have been indicated by "Q" but omitted for sake of brevity wherever their content is clear from the reply).

CONTROL: RAMON NATALLI (16th century astronomer).

"I have come to say a little about storms on the sun. Electrical storms on earth are caused by these. There are great clouds of radioactive matter flowing in from interstellar space. There will be one or possibly two great flare-ups in the sun." (Q).

"Yes, they are to be expected this year." (Q). "Yes, they will affect your communications, radio, etc." (Q) "They are magnetic and electrical. They will greatly affect the ionized band around the earth, the ionosphere." (Q) "Yes, you are to expect violent winds, very bad lightning, thunder, heavy rains. The rains will not last long but will be very heavy while falling." (Q). "No, no tidal waves to any great extent." (Q).

"Yes, they will be well distributed throughout the world. They will affect the eastern part of the United States (chiefly), and more so up in the north, in Canada and Alaska." (Q).



"The disturbances on Mars will grow greater. Mars is having a great change of structure. Huge portions (of the planet) are becoming great mountains. They have had the most terrific earthquakes on Mars, and volcanic action of the most violent kind." (Q).

"No, what little life there is on Mars has not been disturbed. There will be reports of such changes on the various bodies within the earth's galaxy, within the solar system." (Q). "Yes, the cause is wide-spread. A long time ago I made the statement that cosmic showers come from the suns. The suns are like giant dynamos. Clouds of matter come flowing in from space, billions of miles of it, pouring into the suns; these reach a point of saturation and then a flare-up takes place." (Q).

"Yes, there will be sunspots - many great sun spots. Now, this must be watched, for the coming of these spots or magnetic fields helps breed unrest on the earth. It creates a tremendous agitation in nations through individuals ... " (Q). "Yes, a sun spot is a magnetic storm. I cannot begin to describe to you the terrific violence that is created in the sun when this matter rushes into it. The sun smashes the atoms of this matter and rejects the electronic fields of the matter out into what you call space.

"Sufficient energy is let loose on the earth to disintegrate great quantities of matter. Your scientists believe that they can tell the age of the earth by radiant deposits which they find; they compute the time and quantity of the matter - but they do not reckon with the destroying energies that flow from the sun ...

"This cosmic ray or shower is extremely penetrating. The particles can penetrate thousands and thousands of feet of lead just as though the lead were not there. The particles are extremely radioactive and help to destroy or to age all life and all bodies. Do not expose your body for too great a time to sun rays." (Q). "No, there is no shield that I know of against cosmic rays.

"There is enough particles of matter in and around the earth so that these rays or their deadliness is destroyed to a great degree, diluted you might say, before they reach the earth." (Q). "Yes, there is a great deal of interaction between the cosmic rays and the ionized layer. Sometimes it is the resistance of the ionized belt that creates storms on earth, causing the rays to create friction, though this is the way the sun is kept supplied and has not grown larger or smaller since what is called 'time', as man reckons it, began.

"There is combustion on the sun, but not 'fire'. It may be called radiant heat energy which keeps it going by crushing the very kernel of the atom, which is of itself radiant heat." (Q). "No, oxygen does not play any part, it changes too rapidly.

"No, you don't receive heat direct from the sun; it is a wide-spreading deflection and the ionized field of the earth absorbs the greater



portion of the short bands. Understand? If these short bands reached the earth it would destroy all life. They are much more penetrating than the X-rays. I must leave, though I have much to say." (Control Withdraws)

CONTROL: Katie King - (talks of her experiments in home of Sir William Crookes.)

"There will be a great movement toward spiritualism within the next five years. This is not too fortunate - or will not be unless it is carefully watched and guided." (Q). "Yes, it will have to take its course." (Control withdraws).

CONTROL: YADA DI SHI'ITE - (talk about Lowell Thomas - Tibet - conditions around TV and radio set-ups -- the 'second death' - comments on the 'growing' of the wire recorder being used - how to protect other persons thru meditation and concentration (when they are absent or travelling) - the recoil of a bad wish on the sender, unless he is skilled in its projection - servient spirits, the Kahunas - elementals and thought-forms - the pointing stick - the throwing stick charged by mantrams or the hate-ray - protection against it - danger of fear which causes rents in the aura.)

End of Meeting

Special Meeting at San Diego on April 14, 1950.

Present: Frank Edwards, Meade Layne, Mike Wiman, Harriet Foster, Mark Probert, Medium.

CONTROL: PROFESSOR ALFRED LUNTZ:

"It is an honor to be here with you, but I wish to eliminate as much as possible unnecessary things since we have but a short time here this afternoon and we have some extremely pertinent questions to answer. These questions, at least in part, have been stumbling blocks to the world of psychic phenomena and the investigator. I do not know that we shall be able to improve upon the answers, but we will do our best.

"There is a very elderly gentleman here with me who will attempt to speak through the boy. He is and was a very good friend of yours and his and all of you, and I am glad to step aside when the time comes to let Professor LaVerne Twining speak. He is at the moment somewhat agitated, 'a slight case of stage fright', he says. I have often wondered about that, but I shan't take the time to speak of it now. It is a very peculiar thing."

"Before we begin the questions, may I ask a personal question: Would it be possible for you to give me some help in combatting this physical trouble with which I am suffering at present - leukemia?" asked a guest.



"Sir, I and all the members of the 'Inner Circle' will be most happy to cooperate in that direction."

"Thank you very much. Now we will begin with the questions we should like to present this afternoon: (1) What kinds of physical phenomena are spirit forces capable of manifesting without the use of developed mediums or those without mediumistic talents?"

"Sir, in the case of mediums and what we will call, for the sake of a better expression, the untrained, the unknowing - as far as a realization goes of their mediumistic qualities lying latent in themselves - a fully-developed medium is one whose nervous system has become high-strung, highly pitched, extremely sensitive; it is hair-triggered. And because of this delicacy of the nervous system, the individual must have a good, understanding inner band; otherwise he becomes what is called a psycho-neurotic, suffering with all kinds of obsessions. Now, one can be and often is born this way. It is due, to some extent, to the mother of that child while she is carrying him or her. Perhaps due to constant anxiety, worry on the mother's part, this has stepped up her nervous system and has also had great affect upon her glands and the proper secretions of what may be called 'a normal individual.' This, of course, affects the child. That child is very likely to be highstrung. He is constantly on the edge of things; and this sense of expectancy brings on, sooner or later, a rapport with us on this side.

"Now, this mediumistic ability can be developed also. However, unless the nervous system can be brought up in its vibratory action, its extreme sensitivity, mediumistic work will be impossible. For the entire body is tuned down to only the normal rates of sensitivity.

"You will notice that some people can hold in their hands hotter things than others, and also drink hotter liquids than others. It is because their sensitivity is higher, not lower -- and therefore, it will take them a greater amount of heat to burn or to give them the sensation of pain through burning. Their sensitivity has risen above the point that is called normal in that direction. This accounts for the handling of hot coals and walking on fire. This sensitivity has risen above the three-dimensional sense of pain. This also gives a mental protection against the burning of flesh or the matter of which the body is made to that degree of heat. Now, when the ancient Kahunas and others who have been fire-walkers prepare themselves for firewalking or firehandling, they do so with prayer. They raise their sensitivity beyond the vibratory rate of the fire. This is not clear to you, is it?"

"Not entirely. Is it a mental control of the tissues?" inquired Meade.

"It is a mental control -- and this creates a heat within the body that produces through the outer heat a kind of sweat, or oxygen-hydrogen substance. This protects the soles of the feet and the hands from fire."

"Is it a hardening of the auric envelope?" asked Meade.



"It is a form of that, but it is more a production of moisture that acts as a protection. This that is called heat can be rapidly reduced to frigidity, extreme cold. For heat and cold are but one and the same thing with the character of change of motion, of the molecular structure. Now, this transference -- I believe you mentioned the possibility of transferring the ability to withstand heat or cold -- this is a transference of the thought, which produces an equal amount of heat and therefore sweat or moisture -- a projection of ectoplasmic substance from the hand or any part of the body. However, it is the activity of the mind, and that is the essence of it. I know that I should say something more than that it is mind -- but what more can one say? I am afraid it will have to be gone into deeper to find out what is the character, the nature of mind, in order to understand these things better.

"May I not also make a comparison of the heat idea to that of an extremely small person lifting weights far beyond his normal capacity when the necessity arises? Is there not an observable connection there? It is the same that goes for the healing of our bodily ills, broken bones. Have you any other questions?"

"Is it essential that you have emanations from living matter to exert any sort of energy affecting physical matter?" inquired Harriet.

"That is what we are really after," said Meade. "We want to know specifically if it is possible to establish instrumental communication between the astral and physical planes? That is, can people on your side affect matter without a human medium?"

"In order for us to make a contact with your world of any kind, we must have a living organism of some kind to work through, because mind, or consciousness (three-dimensional) enters into the picture. We have to be able to instill or impress upon it a here-living mind, so that this mind will go to work on the brain cells of an individual and in this manner change the content of the glandular system to such a degree that it will produce heat energy in sufficient quantity for us to work through. We must be able to stir up a here-living mind to go into brain action."

"Can you use the energies of plants or animals?" asked Meade.

"We can use the energies of plants and animals -- yes, but not until we have made and held some special preparation -- what might be called subconscious connection with a human being."

Then that throws out any kind of mechanical device unless the brain waves can be made to control or affect our sensitive instrument?"

"You could use it in experimental ways, yes -- but it would not and could not become a large-scale thing, I do not think."

"Do you, yourself, think communication through instrumental means is hopeless?" inquired Meade.



"We do not like to say that anything is hopeless, because that puts up a barrier so that one feels it is not worth going on. And who knows -- it may prove to be possible if someone keeps working at it. I do not, however, have great belief in the possibility of this."

"There have been instances in the electronic field where voices, sometimes speaking foreign and sometimes archaic tongues, have been picked up -- voices apparently not coming from our plane," said Meade.

"There are coming, if not already on your earth, machines sensitive enough to be able to pick up voices and sounds of past years even -- but these cannot properly be said to belong in the realm of the 'dead'."

"Would they be held in 'the memory of Nature'?" asked Meade.

"Yes -- in the Low Etheric plane -- that is where these remain."

"Such things have been foretold in one of our comic cartoons -- 'Alley-Oop', where a time-projection machine is used," remarked Frank.

"That, sir, is not a facetious thing. The time will come on your earth when you will see a machine whereby you can project yourself back into the past, or forward into the future."

"Professor Luntz - is your atmosphere our atmosphere? I have heard it said that this is so, and that our voices are merely out of your range. If this is so, then it seems that amplification is the only problem."

"Sir, your atmosphere is not truly our atmosphere, for we have not what is called physical connection with the Earth consciousness unless we turn our minds directly to it. We are not conscious, for instance, of your cold or heat; or of your sun, moon and stars. It is more like one who has entered into a vivid dream, in which we have no consciousness of the outer, or your world, unless called upon or consciously earth-bound. You will please excuse me now; I shall go so that Professor Twining may come." (Control withdraws.)

CONTROL: PROFESSOR HARRY LAVERN TWINING:

"I am really thrilled to get the opportunity to talk to you again, Meade. It is a wonderful thing to be able to bridge the gap. I wish to offer my gratitude to Mark both for the work he continues to do, and for giving me the opportunity to speak through him. As a young man I did a great deal of study along these lines. I experienced many contacts with mediums in different parts of the United States, and I wondered and wondered how these things were done, what sort-of thing was actually going on. Now I find myself on this side of life and trying to communicate with you. What can I now say that will enlighten the endless quest?

"You spoke of the change of temperature in a seance room -- perhaps you know that for everything you do there is a change of temperature



which takes place either throughout the body or in parts of it. The blood stream in its activity of coursing through the veins produces a friction electricity, and this friction electricity throws out an electronic field outside of the physical body. Did you know that?

"In all motion there is an electronic field produced, and when this emanating matter is thrown outside of the body, it can be used by us, by merely changing its motion, reducing it from a high motion which gives heat, to a low one which gives a cold breeze. It is a form of water, or hydrogen-oxygen particles. The physical body, of course, is almost all water -- and when you enter into my plane of consciousness and bring your astral body into the consciousness of you who are still in a physical body, you sense a coldness and a wetness. This is because the astral body is 98% oxygen and hydrogen."

"The astral body is 98% oxygen and hydrogen?" asked Meade.

"Yes. This is the reason for that cold, clammy feeling. And it is at a low rate of motion. Now, this is not necessarily the body that we live in constantly, but it is the one that we can make you feel without your seeing us. Temperatures are due almost entirely to friction of a high or low quality. An atom of matter that moves in your atmosphere has its own magnetic field, and it is produced by friction -- the speed of motion of the atom in your atmosphere. Without friction there would be no electronic field."

"In these conditions are you not producing an effect perceptible to our senses without first operating through our consciousness?" asked Meade.

"Always I have found it necessary to operate through a here-living consciousness."

"Just a here-living consciousness -- not a here-living entity consciously aware of it?"

"No, you must have a conscious awareness of it." (Digression here while Prof. Twining inquires after his old friend, Franklin Llewellyn, and expresses pleasure that 'the old codger is still going strong.') "Now, shall we go back to the questions?"

"I have thought of constructing an electrical device that would be in a state of equilibrium at room temperature but would be unbalanced with temperature changes. Could you cause temperature changes to vary rapidly enough to simulate the fluctuations of the human voice?" asked Frank.

"You may have observed the fact that in the majority of seance-rooms sound must be produced to get the best results. It is on the molecular motion called sound that we can produce various kinds of physical phenomena. These are the things that must be studied if you are going to learn more of making contacts with our side of life -- heat and sound -- they are the keynote to all psychic phenomena."



"What specific problem should be attached in solving our problem of doing without a medium?" asked Meade.

"Meade, as far as I have been able to find out, this cannot be done. Now, you may doubt this, considering that you have quite an understanding of what is called 'haunted houses,' in which it appears no living individual is taking an active part -- but this is not so. The very fact that these houses have been lived in has created sufficient physical conditions that have been left in the atmosphere of these houses for a discarnate being to work in. Agitation, for one thing; extreme worry and anxiety -- creates stresses in the atmosphere that we can use to our advantage, although many of us are not aware of how we are doing it."

"Could any degree of materialization be attained by the use of plants or animals without a here-living person?" asked Meade.

"It would be very difficult to prove, because who is going to prove that it happened?"

"It could be proved by instrumental means," replied Meade.

"No, because the minute you set up an instrument, you have set up a mental desire to prove it and left it there. Has it not often been known that where a sheet of paper and a pencil were left in an empty house, writings were found on the paper? So, this shows that the bodily presence of a person, of a human being, is not required -- only the desire or the conscious thought of what you were doing it for."

"Could a device like the Wheatstone bridge be used if the variations in temperature could be made rapidly enough to simulate the fluctuations of the human voice?" asked Frank.

"I want you to go on with your experiments. You are doing something on that now, are you not?"

"Yes, to some extent. I am using a little device with a rotor in a bottle, not connected with any electrical source -- did you mean that?"

"Just the general experiments you have been working at. What I am thinking of is this: Is there any way that you can delicately adjust one of these recording machines so that it can be, by some chance, moved by one of us so that it will start operating when one of us speaks, so it could be recorded?"

"Yes -- by thermostatic control, I believe," replied Frank.

"Then I would suggest that you start conditioning a small room to these things by talking a great deal about them in it. Then, at night, after your instrument is adjusted, close and lock up the room and keep it in darkness. Then we will try the experiment of speaking in that room to see if our voices will be recorded."

"Would the presence of living plants be helpful?" asked Frank.



"Flowers -- yes, they would be very helpful. Set your vase of flowers in the room and have the temperature of the room somewhat above normal, using gas, electricity, any form of heat. Cold has a deterrent effect upon psychic manifestation, even though we are not conscious of the temperature."

"Can you give us an idea of the amount of change of motion that would take place, so we can set the machine for it?" asked Mike.

"It is our wish to set the machine in motion by temperature changes, not mechanical means."

"But if we left the machine connected to a thermostat, you would not need to go through any actual operations, because the change of temperature alone would do that. What amount of change would be necessary? We want to know that so we can arrange the thermostat accordingly. I don't want time and effort to be wasted. I suppose you know how impatient I am?" said Mike.

"Yes, you are -- but you will be able to do a lot with this work if you will not allow yourself to become impatient. And watch your imagination! You are extremely sensitive and alert; do not let it run away with you. Now, as to the motion, the moving of the machine -- I would rather you left that to us."

"We can have a very sensitive thermostat," said Meade.

"Yes."

"I should like to ask a question that has been long in my mind. We were speaking a little while ago of your communicating with an uninitiate on this side -- how effective is the factor of keen desire?" asked Mike.

"Now, don't put too much push into your desire, for it will throw up a block -- but be relaxed. Don't expect any specific thing; don't think of the product of your work -- just work towards your ideal goal, quietly and without excitation. That which is rightfully ours comes to us, not by striving too much."

"You mean that desire has no effect if the uninitiate has not made himself worthy?" asked Mike.

"Sir, it is not so much a worthiness, but a calmness to attain without setting a time for the attainment. Allow things to flow to you."

"I have had some experiences that led me to think so."

"Yes. Now I must go, but I wish to return and talk more and perhaps with greater effectiveness on these things. Before I go, I should like to send my greetings to Mrs. Probert. I remember when I was with you all once, and I, too, went under control! Now, goodbye." (Control withdraws)



